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Bromley Young Parent's Midwifery Group Practice

84% SVD rate

94% vaginal delivery rate

65% breastfeeding rate!

Our Team

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Photograph of our group to go here

Purpose of the group

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- Bromley borough has a conception rate of 34 per 1000 under 18's compared to a national average of 41.7 per 1000 (2007)
- Teenage parents more likely to be disadvantaged
- Poor outcomes for babies of teenage parents
- Poor maternal health

Health Behaviour

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- High rates of smoking
- Lower rates of breastfeeding
- Poor diet
- Repeat unplanned pregnancies
- Poor parenting skills
- Difficulties in accessing appropriate care

History of our group

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- Early 2007, 3 hours a week allocated for teenagers
- September 2007, 15 hours per week
- 2008-2009- networking and groundwork for the group was accomplished

Networking

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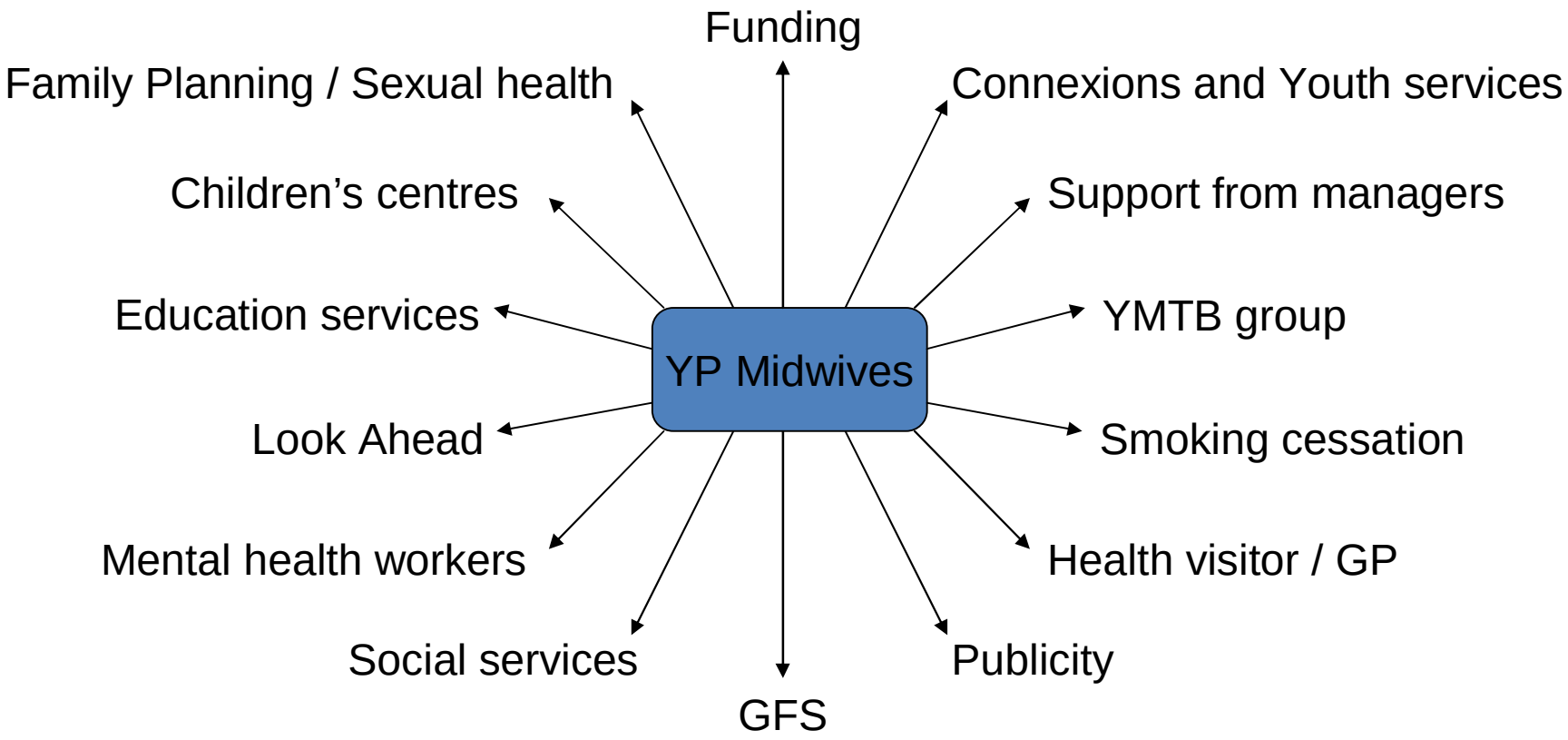

2009 Caseloading

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- Criteria includes vulnerable women up to the age of 21

- Current working caseload of 141 of which 124 are teenagers

Antenatal

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- Self referral, direct access
- Accessible clinics / flexible working
- Multi agency working / referrals
- Chlamydia testing
- CO2 levels / Tommy's Baby Be SmokeFree
- Specific Young Parent's parentcraft

Intrapartum

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- Home visits in early labour
- 24 hour cover, on call system
- Direct contact to our team by text or phone
- One to one care in labour / known midwife
- Free TENS hire

Postnatal

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- Home visits with extended care
- Breastfeeding support
- Free hire of breast pump / steriliser
- Condoms and contraceptive advice provided on discharge

Why it works

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- Flexible
- Accessible
- Time to care / manageable caseload
- Extended care
- Communication
- Trust, non judgmental approach

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- Dedication / job satisfaction
- Supportive managers
- TEAMWORK!

Contact details

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- Email brm-tr.ypmidwives@nhs.net

- Claire Adams 07900 167 266
- Lynn Buckingham 07798 925 183
- Hayley Trowse 07798 925 180
- Bryony Read 07770 986 360
- Debbie Bowyer 07747 778 183

Quotes

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"All the midwifes were really nice I got on really wel with them all speacially bryony as I had her nearly all the time and coudt ask for better people to be there with me in labour thanks lynn, bryony and claire and the others wish I could have you all when I have another"