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Supporting young people at risk of exclusion in school

Julie Skipp
National Head of xl Programme

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Works with young people to help them overcome barriers and get their lives working:

- → Educational Underachievers
- → Long term unemployed
- → Offenders and Ex-offenders
- → In and Leaving Care

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Key Facts

- Almost **one in six** children live in a household with no income from work.
- It is estimated that just **1%** of children in care go on to university.
- 3 in 4 care leavers have basic skills needs.
- By the age of 30, over **a third** of young men have a criminal record.
- More than **5%** of 15 year olds leave school each year without any qualifications.
- People with no qualifications make up over **25%** of the unemployed population of the UK.

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xl Programme Outline

- Began in 1998
- 1300 clubs nationwide
- Supporting approx 15,500 young people
- Preventative in-school programme (delivered by school staff)
- Targets young people aged 14-16 at risk of underachievement and/or exclusion from school

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xl aims:

- → Re-engage young people into education, increase retention and promote inclusion
- → Achieve accreditation which rewards students for effort/input rather than academic achievement
- → Encourages individuals to take responsibility for their own learning and development within the framework of a flexible programme
- → Raise self-esteem, aspirations and improve achievement

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How does xl work?

- A 2 year (5 term) closed programme for students in Years 10 & 11
- 3 hours contact time per week
- 12-15 young people per club (1 club per year group)
- Student led, but facilitated and supported by an xl club adviser
- Develops competencies and skills through a challenging mix of practical activities that can lead to accreditation

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Accreditation

The xl Award

- Bronze, Silver, Gold xl award accredited by ASDAN
- Wider Key Skills qualifications:
  - Improving own learning
  - Working with others
  - Problem-solving

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Who delivers it?

- Prince's Trust provides training, resources, curriculum materials, support of a network, links to external organisations
- School delivers the programme. They have responsibility for all of the day to day running of the xl club.
- **xl Club Adviser - usually a teacher, SEN coordinator, usually working in the Inclusion Department/ Behaviour Support Unit.**

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The xl Curriculum

- Personal, team & interpersonal skills
- Citizenship & community awareness
- Community Project
- Entrepreneurship and Enterprise
- Preparation for the world of work/training
- Residential (optional)

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External Links

- Premiership football clubs
- RBS six nations
- Cricket
- Academy of Culinary Arts
- Marriott hotels
- The Enterprise Advisory Service Ltd (SAFE FM) Radio
- Royal Albert Hall
- RADA
- Enterprise Insight
- British Red Cross
- Roast Restaurant
- Schools Food Trust
- Food Standards Agency

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Working with the Trust's Young People

Diversity and Equality

Be aware of your own prejudices and how that can impact on delivery e.g. direct the session at all of the young people:

Make the session accessible for all:

- → Gender
- → Race
- → Religion
- → Disability
- → Sexuality

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Working with Young People

- Don’t be judgemental
- Engage young people, don’t <u>expect</u> them to be engaged
- Choose your language carefully and always check for understanding.
- Make it fun.

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Establishing Relationships

- → Trust
- → Non-Judgemental
- → Respect
- → Empathy
- → Motivational
- → Build self esteem

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What are Community Cash Awards?

- Community Cash Awards are grants for young people to design and manage a community project to benefit their local area

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Who are Community Cash Awards for?

- Young people aged 14-25 who are:
  - educational underachievers or at risk of achieving less than 5 GSCEs (grades A-C)
  - unemployed or working less than 16 hours per week
  - offenders / ex-offenders
  - in or leaving care

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What do Community Cash Awards offer?

- to provide funding and support to enterprising young people who want to make a positive change in their community
- to present young people with the opportunity to develop their skills through working with others for the benefit of the wider community
- to give action planning and follow up support to support young people to achieve their goals and recognise their achievements

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xl and the community

xl and Community Cash Awards can help you to:

- **make positive changes by investing in young people in the community to provide solutions to local issues**
- **create activities and opportunities in the local area that make the best of the people living there**
- **support young people to make a positive contribution to their community with community projects and teamwork that promote community cohesion**
- **improve the general health and wellbeing of young people by building their self-esteem and motivation**
- **enhance young people's economic wellbeing by developing literacy, numeracy and employability skills**

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Thank You

Julie Skipp
National Head of xl Programme
julie.skipp@princes-trust.org.uk

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