Lincolnshire Community Health Services

NHS

Assistant Practitioner- Parenting: meeting the needs of vulnerable families

Outline of presentation

- History
- Summary of role and responsibilities
- Process
- Case histories
- Evaluation

History

Ellen Smith

Managing Director

Lincolnshire Community Health Services

Role and Responsibilities

- Early and timely support
- Packages of support as directed by the Health Visitor
- Accepts delegated responsibility from the Health Visitor
- Plan, deliver and evaluate interventions
- Remit to address key performance indicators such as obesity, accident prevention,keeping children safe, and building capacity and community engagement

Process

- The referral is made following an assessment by the Health Visitor
- The Health Visitor identifies the needs of the family in conjunction with the Assistant Practitioner- Parenting and in partnership with the family
- Activities to be undertaken are time limited with progress reported during and at the end of each programme of work.
- At any time during a programme of work the Assistant Practitioner-Parenting identifies a new need not previously discussed with the Health Visitor she must report this to the Health Visitor without delay.

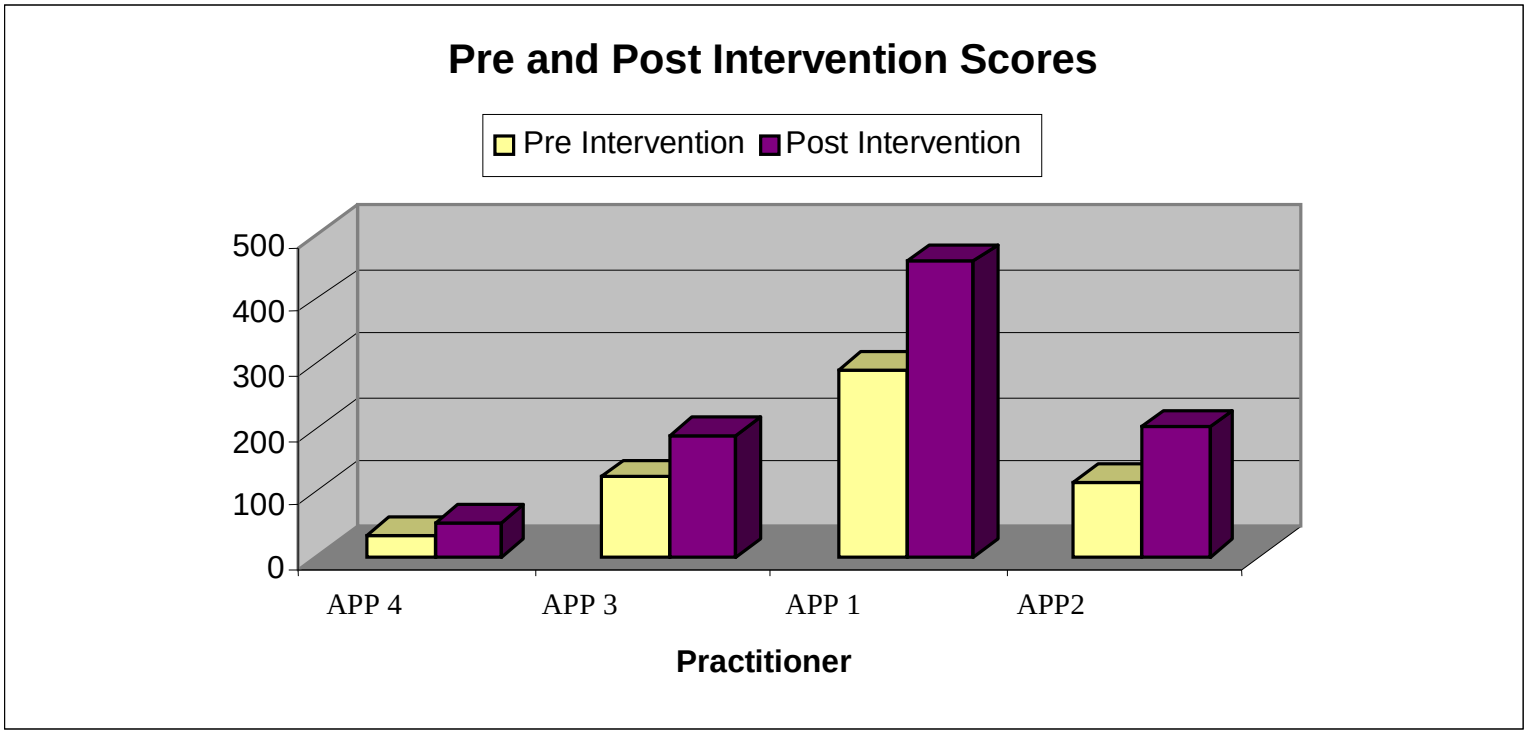
Case Histories

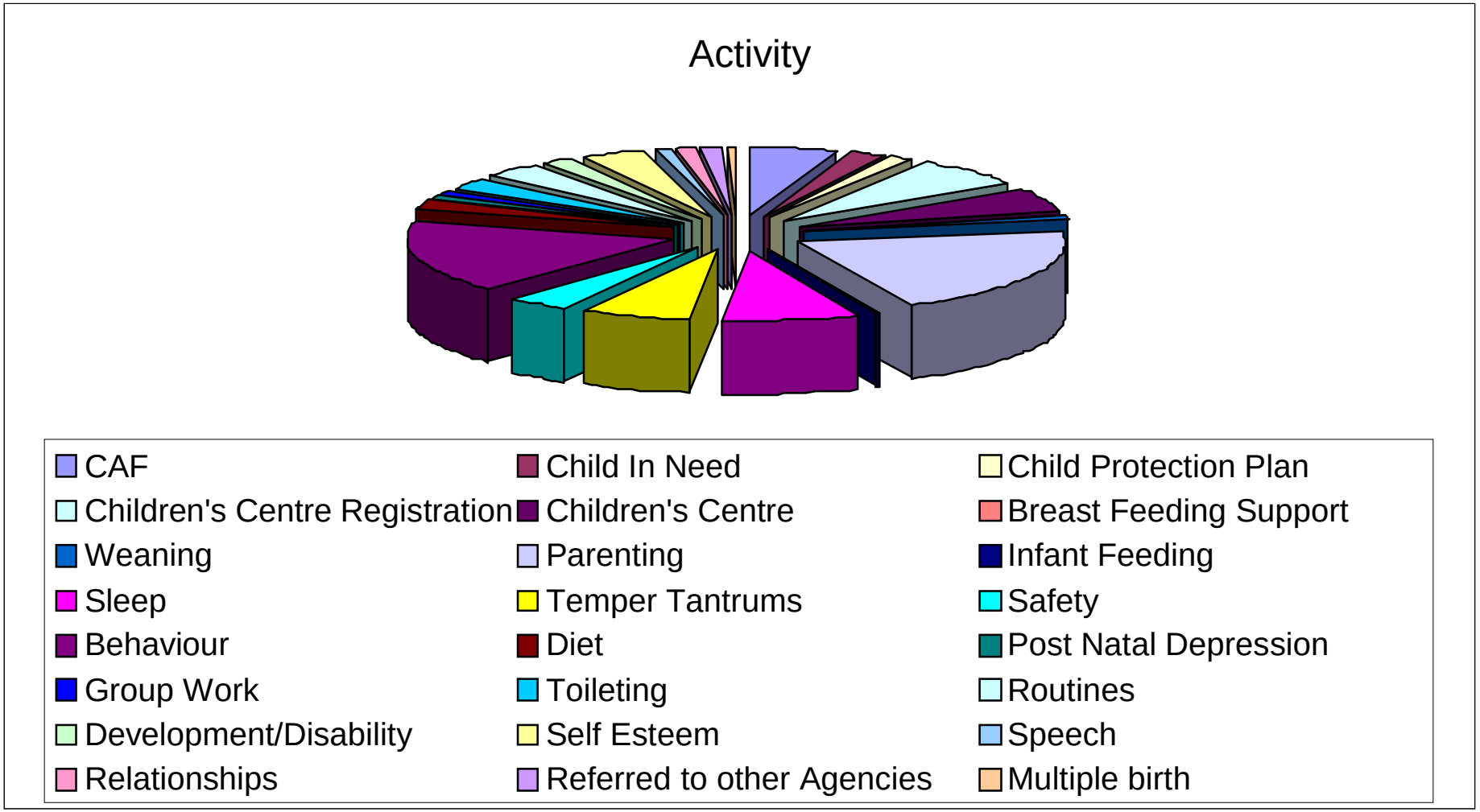
- Laura
- Karen

Methods of evaluation

- This has been achieved using a pre and post intervention questionnaire for parents
- Testimony from Health Visitors
- Testimony from partner agencies
- Recording and reporting the numbers of parents using the service

End of year evaluation




Activity
CAF
Child In Need
Child Protection Plan
Children's Centre Registration
Children's Centre
Breast Feeding Support
Weaning
Parenting
Infant Feeding
Sleep
Temper Tantrums
Safety
Behaviour
Diet
Post Natal Depression
Group Work
Toileting
Routines
Development/Disability
Self Esteem
Speech
Relationships
Referred to other Agencies
Multiple birth

Comments from partners and Health Visitors

- *"Laura's visits offer an excellent opportunity for the babies and toddlers to be seen by a health professional, where in certain cases those young mothers would not attend a clinic, nor remember to do so".*
- *"The work Debbie has done in getting some of our most difficult to reach families into the Children's Centre and attending her group has been nothing short of phenomenal".*
- *"Sarah has been a great aid to parents and families, signposting them to appropriate agencies, seeking out funding from charities and encouraging parents to attend Sure Start, thus is resulting in improved parenting."*
- *"Could not manage without having APPs in our team now!"*

Comments from parents

- *“Everything has improved dramatically. I feel much more confident in my abilities. I no longer feel ashamed to take my children out.”*
- *“Debbie has made a big difference in mine and my kid’s lives. Life has changed since I got the support of Debbie”*
- *"Laura has helped me and made me understand a lot more about my child's behaviour. She also helped me see things from other people’s point of view. Things are a lot better now."*
- *“With all the advice and sleep charts R is now sleeping through the night, the most sleep we have ever had thank you!"*
- *“Laura introduced me to new people and has given me confidence to access groups"*

Accolades

- Celebrating Success
- Excel Award
- Notice board
- CPHVA Conference
- Community Practitioner

Conclusion

- The Assistant Practitioner -Parenting role has succeeded in the primary objective of providing early and timely support for pregnant women and vulnerable families with young children in order to promote health and well-being and community engagement
- The role of Assistant- Practitioner- Parenting has proved to be an innovative and effective addition to Health Visiting teams in Lincolnshire Community Health Services
- It is anticipated this role will continue and develop and further members of staff will be recruited in the future to widen provision across Lincolnshire.

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EXCEL

Thanks for listening

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