The Lancaster Model

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Creating The Solutions for Addressing Children`s Public Health

From Research to Practice

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Research Aim

To explore the knowledge, understanding and views of current qualified Specialist Community Public Health Nurse's on their public health role as set out in the NMC standards, within the current practice environment .

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Research Method

- Qualitative Study
- Focus Groups
- 16 Practice Teachers
- Health Visiting
- School Nursing
- Occupational Health Nursing

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Findings

Practitioners were Enthusiastic & Knowledgeable
"Were Unable to Deliver Their Public Health Role"

- Lack of Resources & Team Skills
- Lack of Managers Support
- Lack of Finances
- Clinical V Public Health
- Lack of Models & Frameworks
- Poor Understanding of Multi Agency Roles

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Recommendations

- Effective Tools for Identifying Needs
- Role Clarity and Managing Skill Mix Effectively
- Clear Team Roles and Responsibilities
- Working Smarter and to a Shared Vision
- Development of Evidence Based Practice

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The Solution
"The Lancaster Model"

A Health Needs Assessment Model

- Questionnaires/Staged Contacts
- Health Development Reviews
- Alerts of Individual Need/Public Health Data

Skills Analysis

- Training, Qualifications, Expertise, Interests
- Redesigned Roles & Responsibilities
- Corporate Team Working Approach

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Aims of the Project

- To enable the delivery of evidence based, appropriately delivered interventions that meet the needs of children, young people and families

- Ensure the Delivery of The Healthy Child Programme (2009)

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Objectives of Project (4)

- Gather Evidence of Need
- Utilise The Skills & Competencies of Workforce
- Redirect Resources Appropriately
- Implement a New Structure Reflecting Policy

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Objective 1: Gather Evidence of Need

School Entry	Pilot Site 1	Pilot Site 2	Overall
Activity	*21 Schools 494 Pupils*	*20 Schools 687Pupils*	*41 Schools 1181 Pupils*
Health Interview	***10***	***14***	***24***
CAF	***0***	***5***	***5***
CAMHS Tier 2 (1:1, Referral)	***38***	***7***	***45***
CAMHS Tier 1 (Borderline, Public Health)	***62***	***57***	***119***
Follow Up	***56***	***153***	***209***
Information	***78***	***168***	***246***
TOTAL:	**244**	**404**	**648**

Objective 2: Utilise Skills & Competencies

- Introduced Corporate Working
- Clarified Roles & Responsibilities
- Clear Practice Boundaries
- Utilised Expertise & Strengths
- Identified Limitations & Competency Levels
- Introduced lead Roles for Non Specialist Nurses
- Reallocated Caseloads Based on Capability
- Increased Leadership & Delegation

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Objective 3: Redirect Resources

Activity	PRIMARY SCHOOL Overall		Productivity
Health Interview	*Previous* 2	*Present* 58	↑Increase 56 Interventions
CAF	*Previous* 24	*Present* 35	↑Increase 11 Interventions
Emotional Health	*Previous* 16	*Present* 358	↑Increase 342 Interventions
Follow Up	*Previous* 112	*Present* 457	↑Increase 345 Interventions
Information	*Previous* 15	*Present* 492	↑Increase 477 Interventions
	Previous 169	*Present* 1400	

Overall ↑ Increase in Productivity = 1231 Interventions (728.4%)

Objective 3: Redirect Resources

Practice Themes	PUBLIC HEALTH PRACTICE Overall		Productivity
Emotional Health	*Previous* 4	*Present* 28	↑Increase 24 Sessions
Lifestyle Choices	*Previous* 0	*Present* 48	↑Increase 48 Sessions
Lifestyle Behaviour	*Previous* 0	*Present* 4	↑Increase 4 Interventions
PSHE	*Previous* 5	*Present* 7	↑Increase 2 Interventions
	Previous 9	*Present* 87	

Overall ↑ Increase in Productivity = 78 Sessions (866.6%)

20% of Pilot Schools

Objective 4: Reflecting Policy

- The Healthy Child Programme 5-19 Years (2009)

"One team around the child, doing what they ought to do"

- Achieving Better Outcomes (2009)

"Improve outcomes in the most efficient, effective, equitable & sustainable way"

- Equity & Excellence: Liberating The NHS (2010)

"A preventable health service that offers equity, efficiency, effectiveness and excellence"

- Commissioning for Sustainable Development (2010)

"A process that saves money, saves resources & benefits staff & patients"

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Conclusions

- Delivering Universal & Progressive Services
- Raised Partnership Working
- Significant Increase in Productivity
- Substantial Increase in Preventative Work
- SCPHN`s Utilising Their Learning
- Happier, Efficient, Effective Workforce
- A Sustainable Commissioning Process

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“The NHS needs to find ways of improving the quality of care whilst making more efficient use of funds”

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