Anglia Ruskin University

Cambridge & Chelmsford

Starting the Journey

Formulating an outline research proposal for the purposes of a PhD

Anglia Ruskin University

Cambridge & Chelmsford

Lesley Kay
Senior Lecturer in Midwifery

PhD Student University of Central Lancashire

Supervisors: Professor Soo Downe, Dr Kenny Finlayson and Dr Gill Thomson

Anglia Ruskin University

Cambridge & Chelmsford

Having a Strong Voice

- Speaking up for women
- Speaking up for midwives
- Speaking up for students
- Speaking up for midwifery
- Speaking up for birth

Anglia Ruskin University

Cambridge & Chelmsford

Starting Out

- Realising personal ambition
- ‘Believing in myself’
- Generating theory
- Adding to evidence base
- Informing teaching
- Becoming ‘authentic’
- Reinforcing value of midwives expertise

Anglia Ruskin University

Cambridge & Chelmsford

Which Direction?

Anglia Ruskin University

Cambridge & Chelmsford

Mapping the route

‘Where is the wisdom we have lost in knowledge’

T.S. Eliot (1934)
‘The Rock’

Anglia Ruskin University

Cambridge & Chelmsford

Determining the ‘what’…..

Anglia Ruskin University

Cambridge & Chelmsford

Navigating a maze of ideas….

Anglia Ruskin University

Cambridge & Chelmsford

NORMALITY

Being WITH woman

WOMANHOOD

Mothering and MOTHERHOOD

BONDING/Attachment

POSITIVE and Normal?

MIDWIFE or obstetric nurse?

Women's EXPERIENCE

Sitting on our HANDS

PHYSIOLOGY

EXPERT of what?

Lack of confidence in SKILLS

Theory-PRACTICE gap

The ART of observation

Helping women to steer AGENDA

Transition/ADAPTATION

REAL birth

MIDWIFERY

Narratives or STORIES

Anglia Ruskin University

Cambridge & Chelmsford

Finding my way….

- Speaking to colleagues
- Attending Research Conference
- Asking questions
- Sourcing the literature
- Reading….and more reading….
- ‘Minding the gap’!
- Clarifying ideas

Anglia Ruskin University

Cambridge & Chelmsford

Where and why?

- Expertise
- Reputation
- Research experience
- Knowledgeable team
- Opportunities for collaborative working
- ‘Chancing my arm!’

Anglia Ruskin University

Cambridge & Chelmsford

Starting out….

- Considering the practicalities
- Navigating the gatekeepers
- Considering funding
- Application
- Outlining the proposal

Anglia Ruskin University

Cambridge & Chelmsford

Putting pen to paper….

Anglia Ruskin University

Cambridge & Chelmsford

The route to follow?

‘Birthing the mother’. Using birthing narratives to unravel the significance of normality to women’s experiences of bonding and of early motherhood

Anglia Ruskin University

Cambridge & Chelmsford

Presenting at conference….

- Inspire
- Invigorate
- Enthuse
- Make accessible
- Reinforce professional midwifery reputation

Anglia Ruskin University

Cambridge & Chelmsford

Looking ahead….

Anglia Ruskin University

Cambridge & Chelmsford

Contact Details

Email: Lesley.kay@anglia.ac.uk

Contact phone number: 01223 695335