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Self Directed Support, Support Planning and Brokerage

Sara Crookdake – Support Broker
Lesley Waugh – Personalisation Lead
Andrew Ellis – Person using an individual budget

Your autism charity

7 Steps to Self Directed Support

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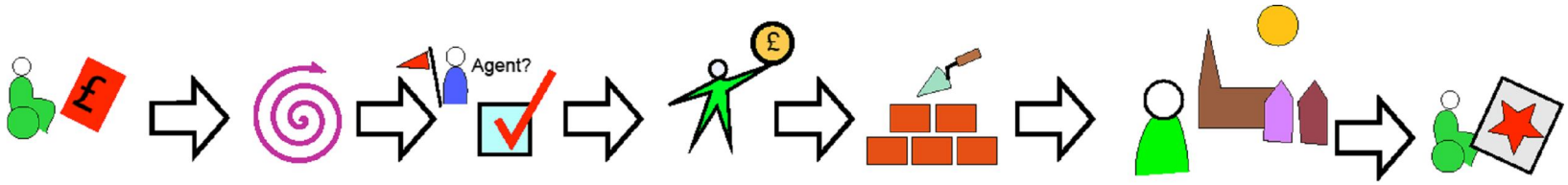

1. My Money: Finding Out How Much
2. Making My Plan
3. Getting My Plan Agreed
4. Organising My Money
5. Organising My Support
6. Living My Life
7. Seeing How It's Worked

The New System

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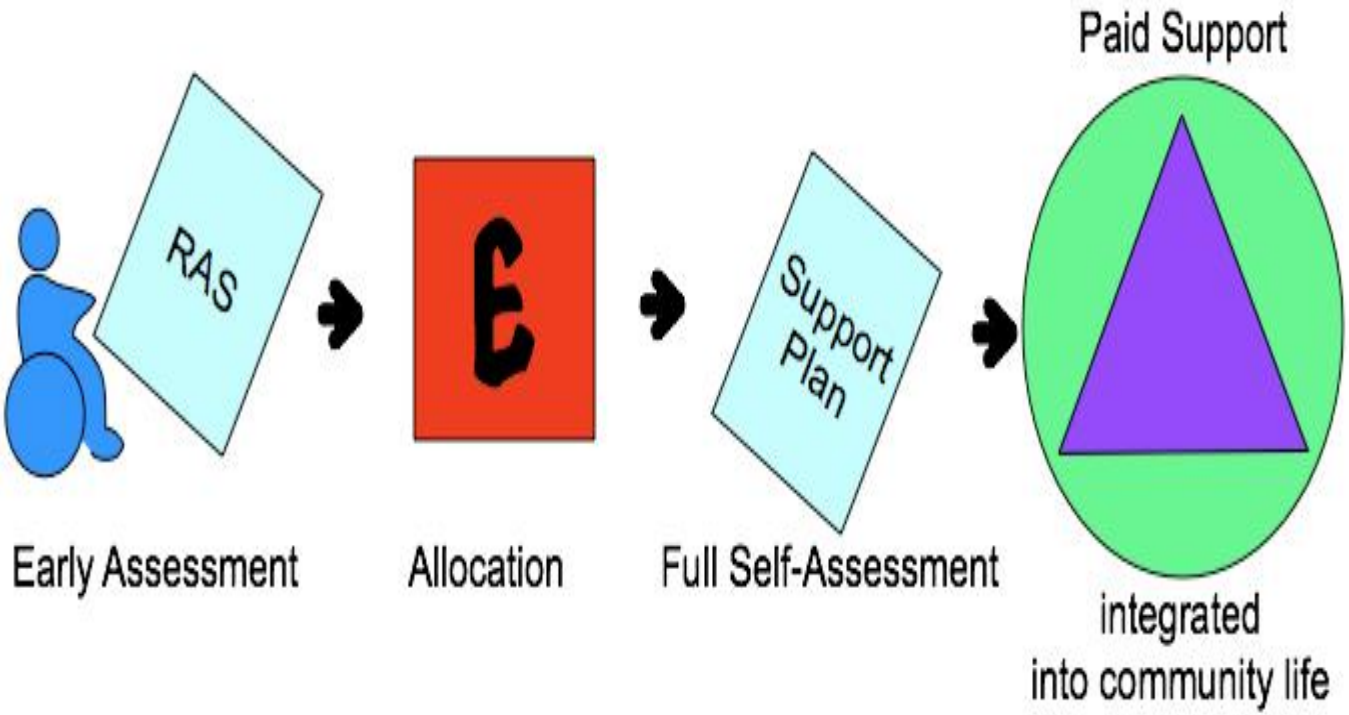
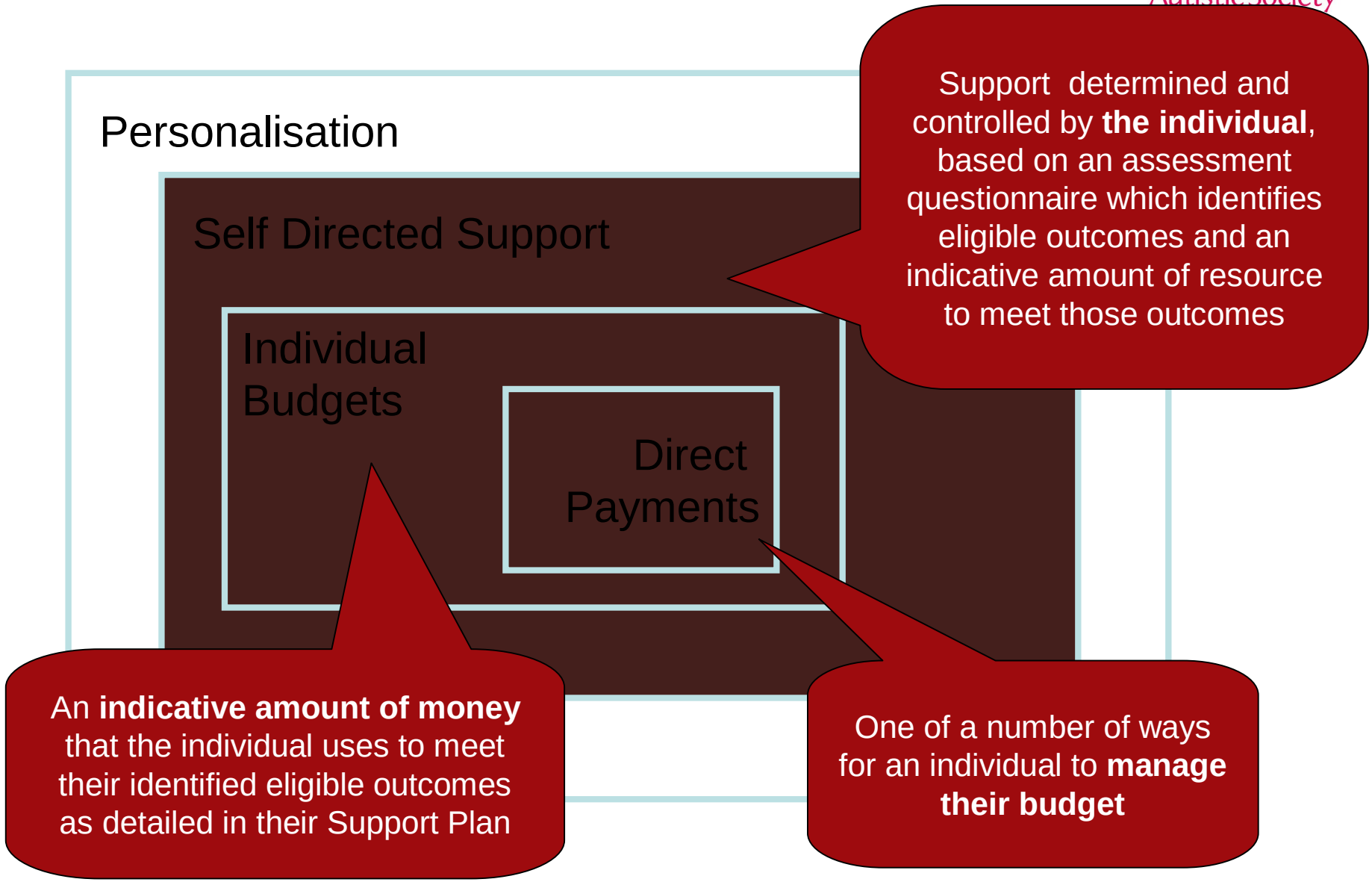


The New System

- **Individual has maximum control but with checks**
- **Individual knows their budget**
- **Planning is real**
- **Encourages creative and community solutions**
- **Builds partnership with professionals**

Self Directed Support Definitions



Different Pathways to Decide what to do with your Budget and how to Manage it

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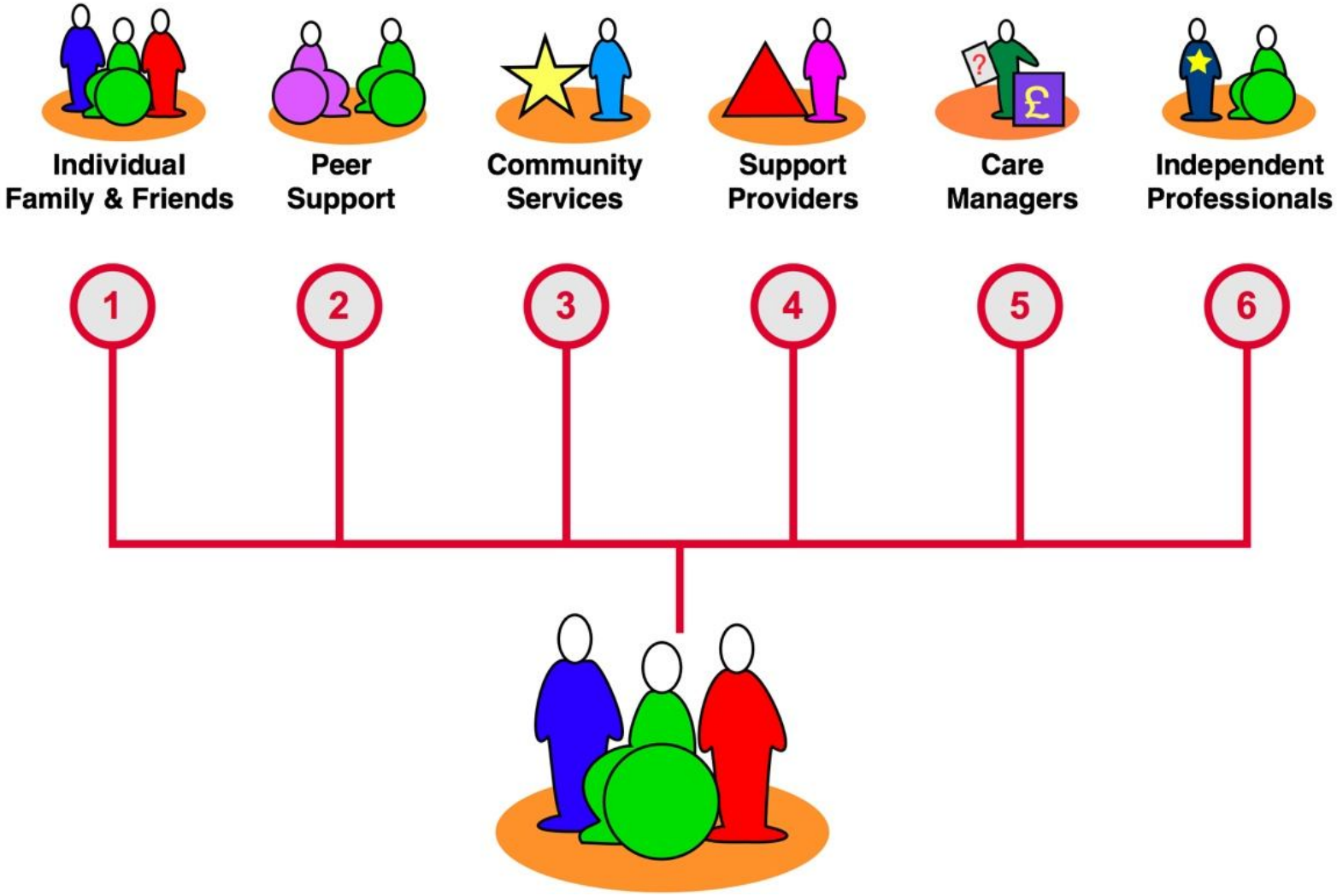

Who can Manage the Money?

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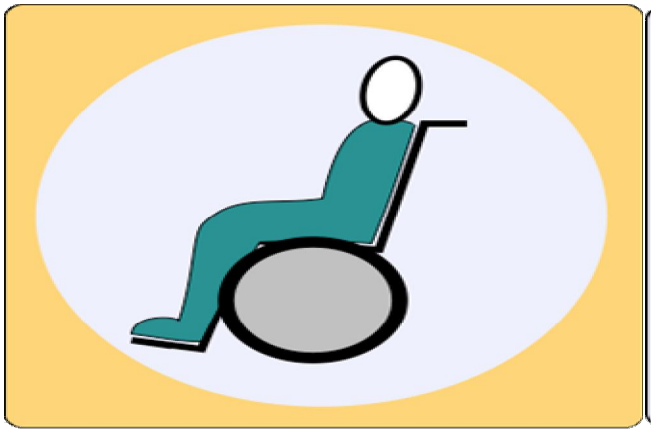
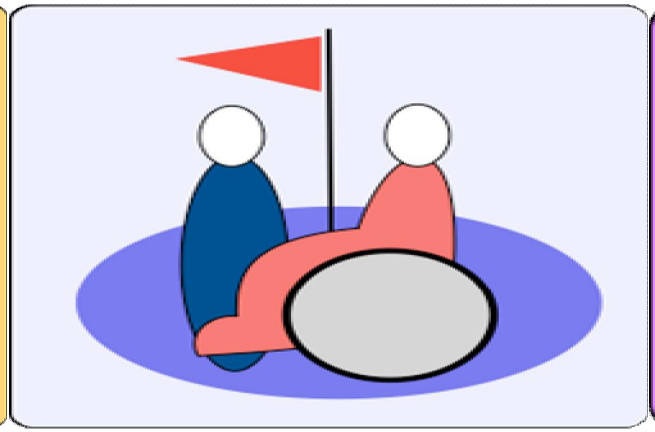
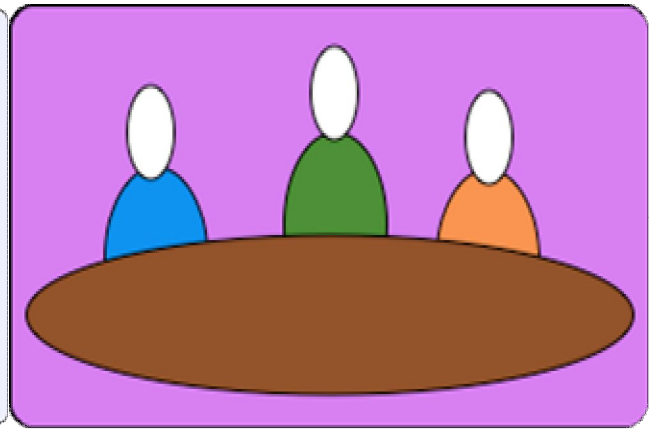


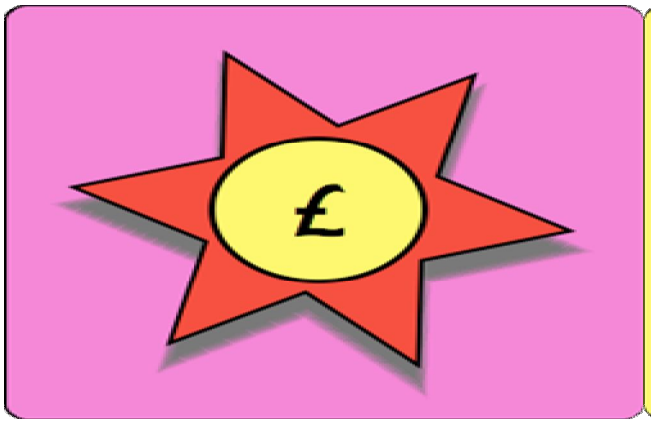
Person



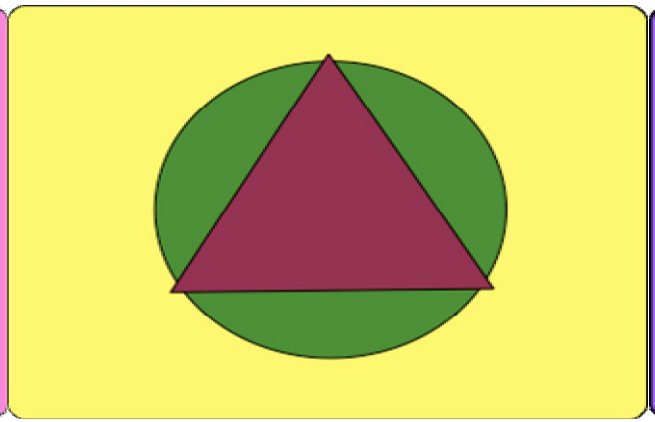
Representative



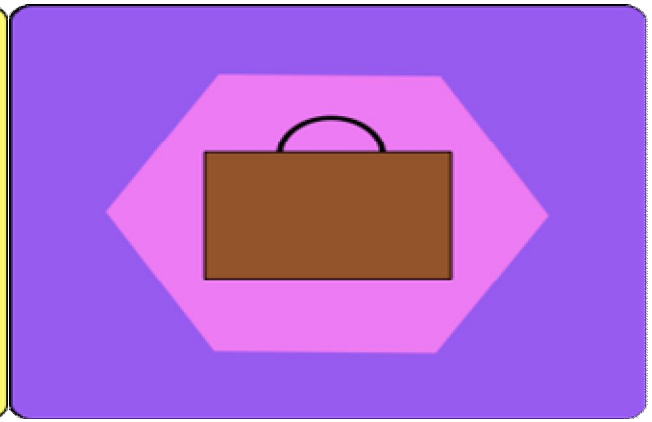
Trust



Broker

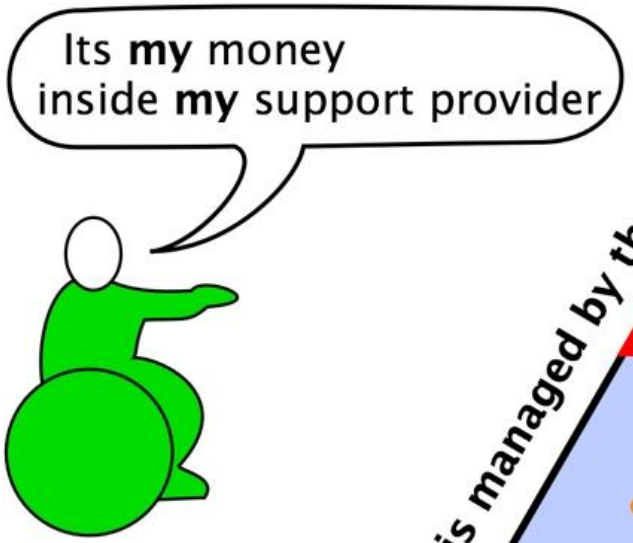


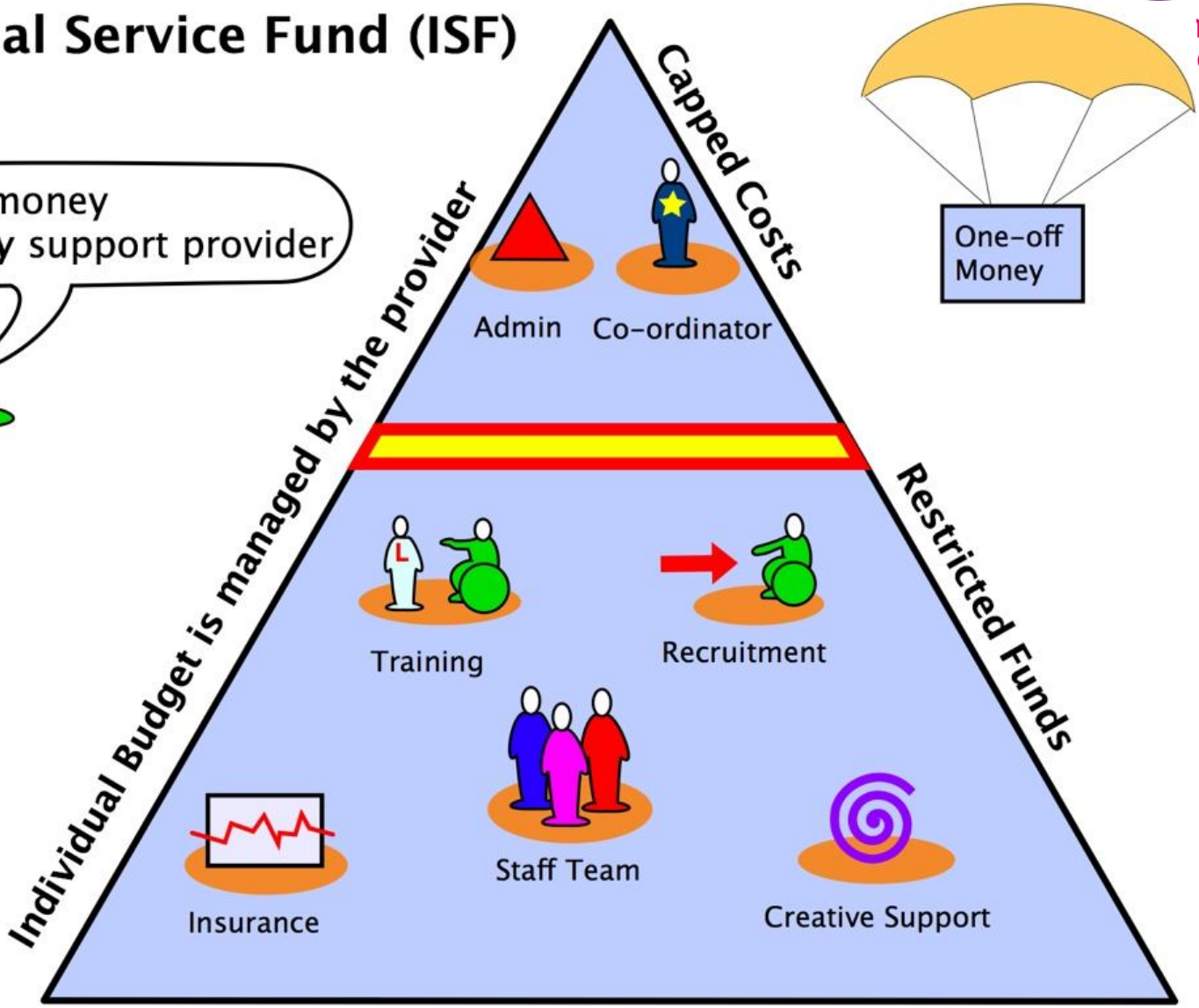
Provider



Local Authority

Individual Service Fund (ISF)





Positive Risk Enablement

“In the context of personalisation, choice and control, it is important not to be over-protective or to prevent adults from living ordinary lives – but this must be weighed against an individual's fundamental right to expect to be safe, and to be protected and safeguarded from harm”

Raising Voices: Views on Safeguarding Adults, CSCI (2008)

The Personalisation Agenda and Risk

- Putting People First establishes unequivocally that the government expects people who use social care services and their families to increasingly shape and commission their own services
- In the context of Adult Social Care, personalisation will significantly begin to shift the balance of power and risk from local authorities to people using services.
- This transfer of power and risk is an implicit element of a reformed adult social care system in England

Good Practice in Risk Enablement

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- Wherever there is choice and/or change there is likely to be risk
- Whilst there is risk, trying to remove it altogether can outweigh the benefits for the individual
- Respect people's rights and those of their family/carers
- Understand that there are different perceptions of risk

Five Key Features of Person Centred Planning

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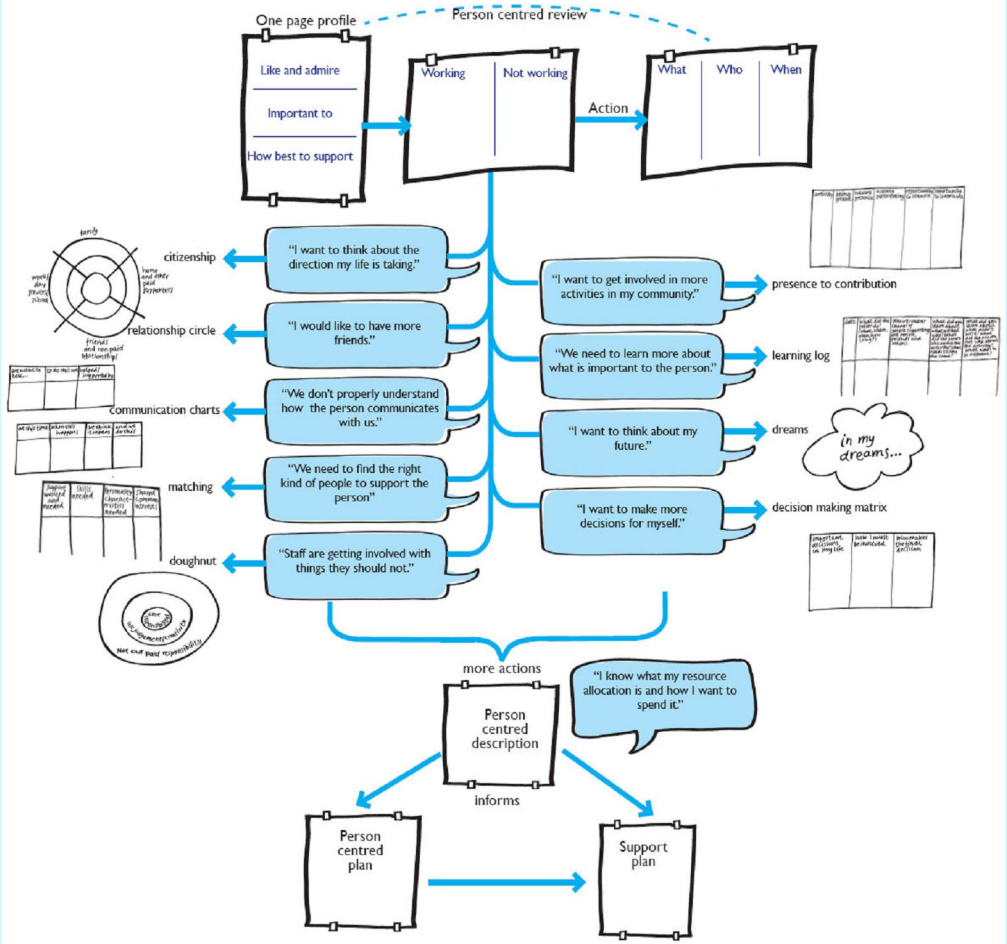
- **The person is at the centre.**
- **Family members and friends are partners in planning.**
- **The plan shows what is important to the person – now and for the future. It shows their strengths and what support they need.**
- **The plan helps the person to be a part of the community and helps the community to welcome them.**
- **The plan is ongoing. Everyone keeps on listening and learning to make things happen. The plans puts into action the things the person wants to get out of life.**

One page profile to person centred plan or support plan



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What needs to be in Support Plan

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- What's Important to the person-history included
- What does the person want to achieve?-Dreams, what's working/not working, Good Day/Bad Day, A perfect week
- How will the person be supported?
- How will the person spend their Individual budget?
- How will the person support be managed?
- How will they stay in control of their life?
- What needs to be done to put the plan into Action?

PCP/Support Plan

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- Person Centred Plan is private, Support Plan is not
- Support Plans says how money the person has to spend
- Support Plans say how they are going to spend that money

Who can develop Support Plans?

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- The person
- Families and Friends
- Care Managers
- Paid support staff
- Advocates
- Life Coach
- Centres For Independent Living
- User led organisations
- Brokers
- Financial Advisors

Brokerage

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- Role of Broker
- Identify person's preferences, support needs and goals.
- Community Mapping, support providers, PA's etc
- Develop Brokers Toolkit
- Write and Cost Support Plan
- Coordinate support arrangements
- Initiate implementation of plan
- Develop good relationships with the person's circle of support
- Assist with reviews

Broker Skills and knowledge

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- Understands:
- Aims and principles of SDS
- Responsibilities and structures of Social Care Model of disability
- Rights, roles and needs of the person and their family
- Diversity and Cultural difference
- Policy context of IBs in England
- Procedures of IB systems and other funding streams
- Different forms of communication and the Mental Capacity Act
- Person Centred Planning and Support Planning

- Can effectively advocate
- Can write and cost support plans.

Introduction to the Bury Brokerage Project for Adults with Autism with an Personal Budget

- **The Aim**

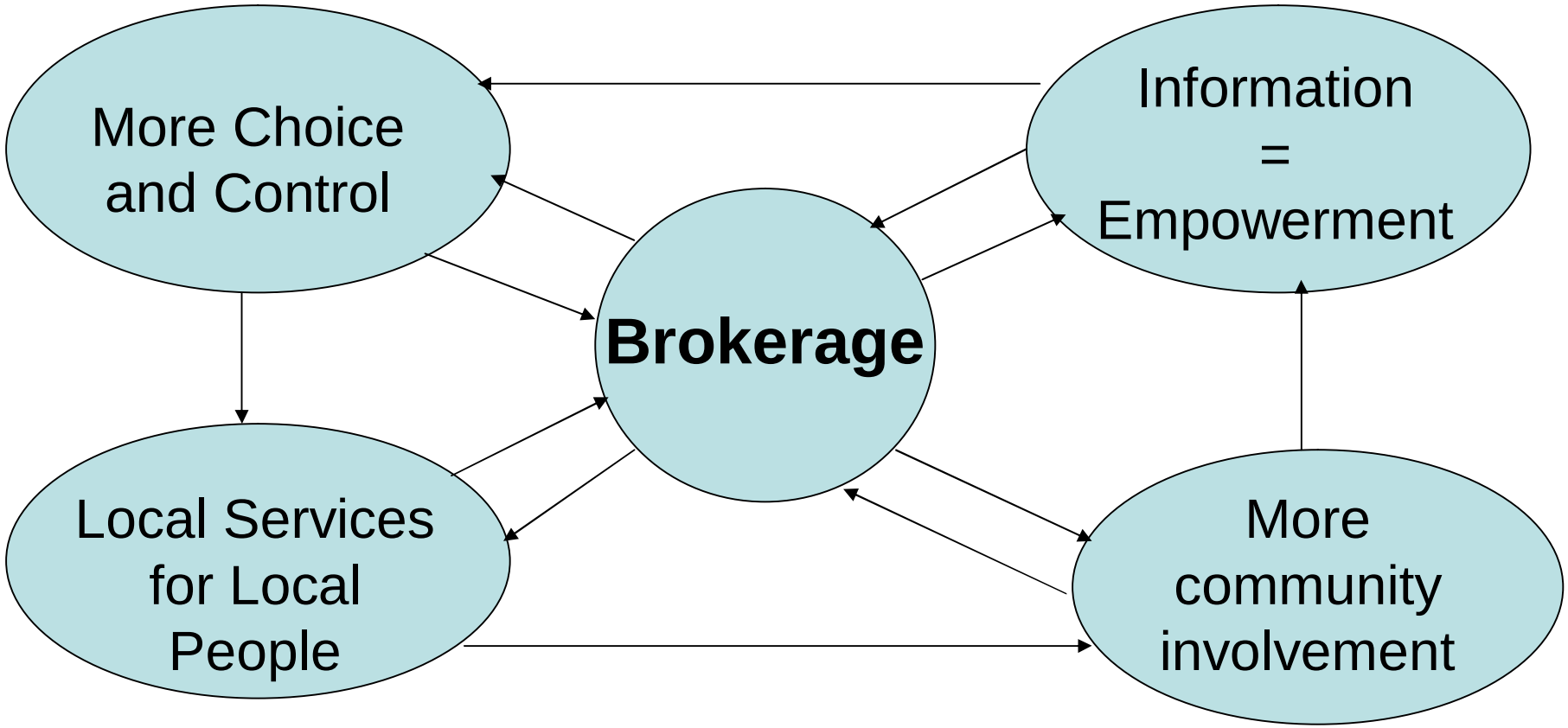
To develop a service to provide brokerage, information and guidance to adults with an autistic spectrum disorder living in the area of Bury, enabling them to determine and manage their own support

Introduction to the Project

- **How will it work?**

- 2 year pilot project (1st July 2009 to 1st July 2011)
- Offer support to adults with ASC on personal budgets
- Managed by National Autistic Society Regional Development Team
- Lesley's role
- Gina's role - Monitoring and Evaluation

How would the NAS brokerage service benefit people with ASD living in Bury



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Andrew’s Story