CADS

Introduction

Gemma Castle

CADS Development Officer

Seashell Trust

Cheadle Hulme in Cheshire

What is CADS?

Fully inclusive sport, health and leisure activities for young people aged 5-16.

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CADS ethos

‘Sport can be played by anyone and should be enjoyed by all’

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History of CADS

- Established 2002.
- Unique inclusive event for young people.
- Initial CADS in 2003 – 50 young people and 25 volunteers
- Summer 2010 CADS – 320 young people and 100 volunteers
- Extended the provision across the North West

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CADS (Children's Able and Disabled Sport)

The main aim of the CADS programme is to:

- Provide sport and physical activity in an inclusive, supportive and non-judgemental environment

- Encourage and ultimately sustain participation in sport by young disadvantaged people (especially those with severe and complex disabilities) alongside and not excluding their non-disabled peers

- Create a person-centred series of events in which the ability level and needs of each individual are accounted and catered for

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CADS Film

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Impact of CADS on young people

- Social development
- Promoting the importance of health and physical activity
- Outlining the ability of all young people
- Importance of inclusion
- Community links
- Above all CADS is fun!

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CADS is Inspirational

Inspiration is a very strong motive for young people. We constantly witness inspirational moments in which young people overcome many obstacles to achieve their sporting potential.

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The importance of Equality

The entire CADS Programme thrives on equality and inclusion. Every coach, volunteer or participant is welcome to attend our events. We strive to allow access to all regardless of ability level.

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What the parents say……..

‘CADS is essential as children from families facing financial difficulties have less opportunity to take part in sports’

‘As a parent with two children, one of which is disabled, CADS offers fun activities with great support, volunteers and staff. Thank you’

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Thank you!

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