NHS SCOTLAND

UNITE/CPHVA Annual Professional Conference, Brighton

19 October 2011

Ros Moore,

Chief Nursing Officer

Scotland

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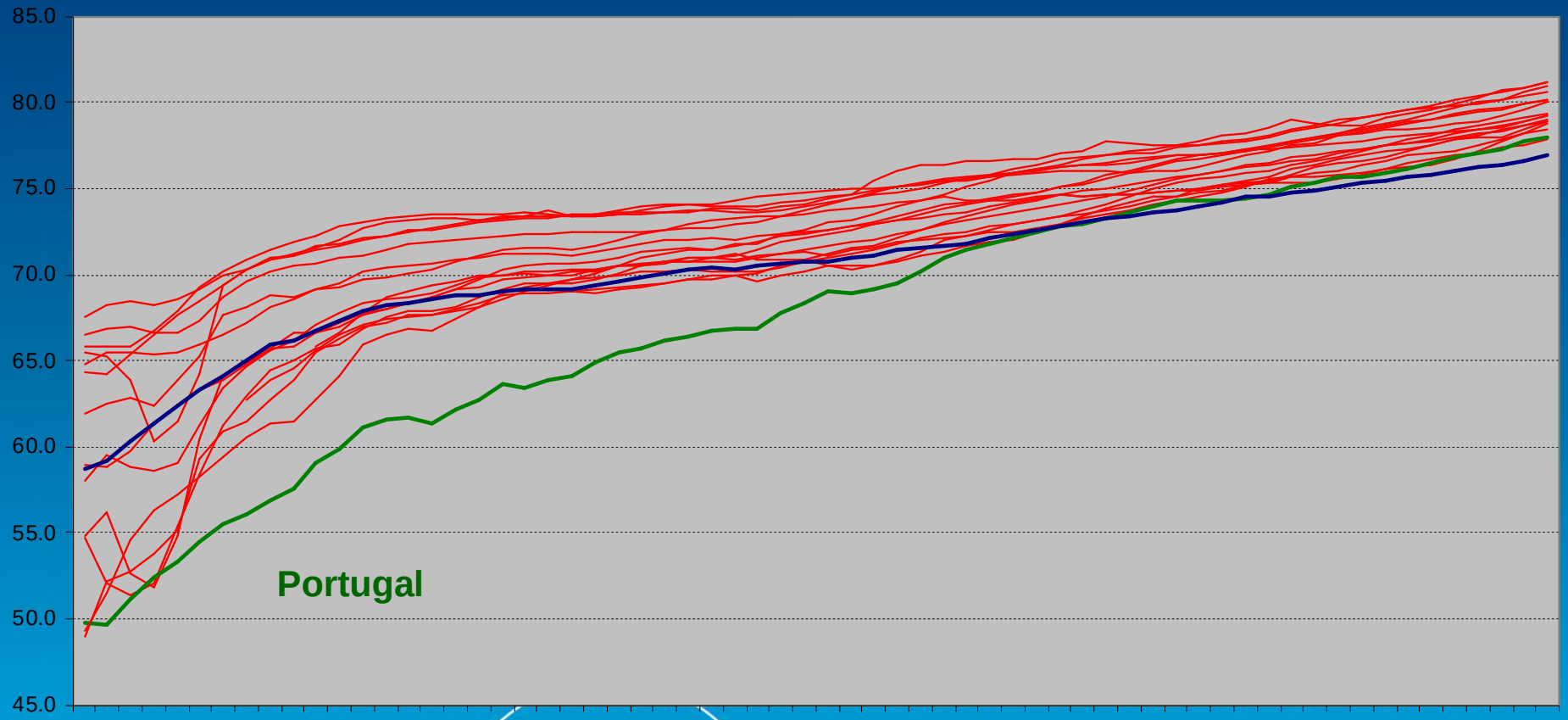
Life expectancy trends

Life expectancy: Scotland & other Western European Countries, 1940-2005
Source: Human Mortality Database



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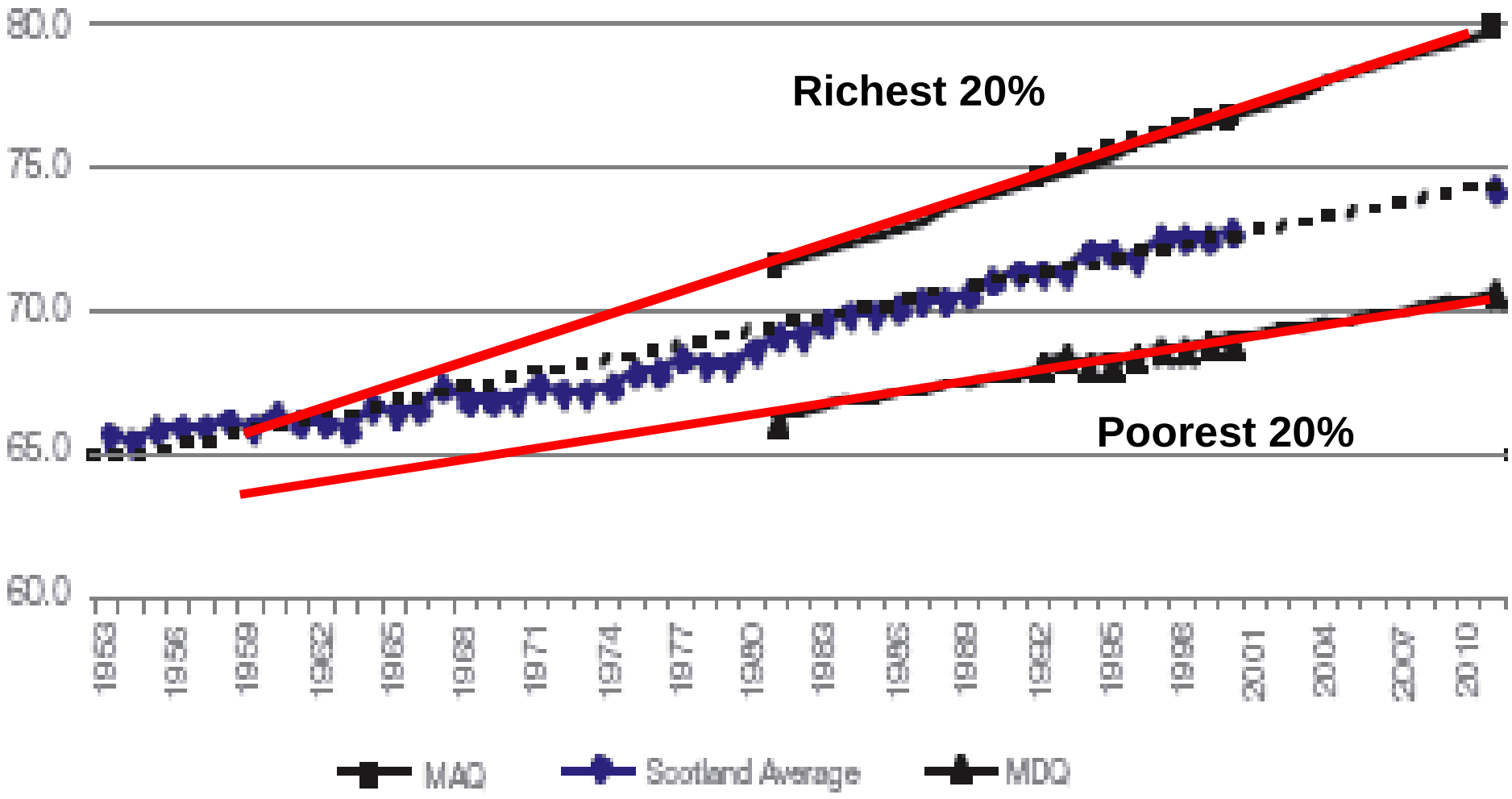
Trends in male life expectancy: Scotland



Our vision for the NHS is to reapply its founding principles with vigour to meet the needs of the people of Scotland. Delivering for Health means a fundamental shift in how we work, tackling the causes of ill-health and providing care which is quicker, more personal and closer to home.
Delivering for Health
Scottish Executive
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CURAM*
Scotland cares
* nurses, midwives and allied health professionals working for Scotland's health
Delivering care, enabling health
Harnessing the nursing, midwifery and allied health professions' contribution to implementing Delivering for Health in Scotland
Delivering a Healthy Future
An Action Framework for Children and Young People's Health in Scotland
BETTER HEALTH, BETTER CARE
National Delivery Plan for Children and Young People's Specialist Services in Scotland
BETTER HEALTH, BETTER CARE:
ACHIEVING OUR POTENTIAL
A Framework to tackle poverty and income inequality in Scotland
A space for change … that needs to be nurtured and developed
equally well review 2010
getting it right for every child
Guidance on the Child's or Young Person's Plan
one scotland
safer scotland
Early Years and Early Intervention
A joint Scottish Government and COSLA policy statement
COSLA
The Healthcare Quality Strategy for NHSScotland
The Scottish Government, May 2010
health for all children 4:
Guidance on Implementation in Scotland
GETTING IT RIGHT FOR SCOTLAND'S CHILDREN
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Public health in Scotland

‘turning 5 decades of failure into success’

Sir Harry Burns, Chief Medical Officer

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DO we?

- focus on problems , needs and deficiencies
- design services to fill gaps and fix problems
- make people passive recipients of services
- do things to people rather than with people

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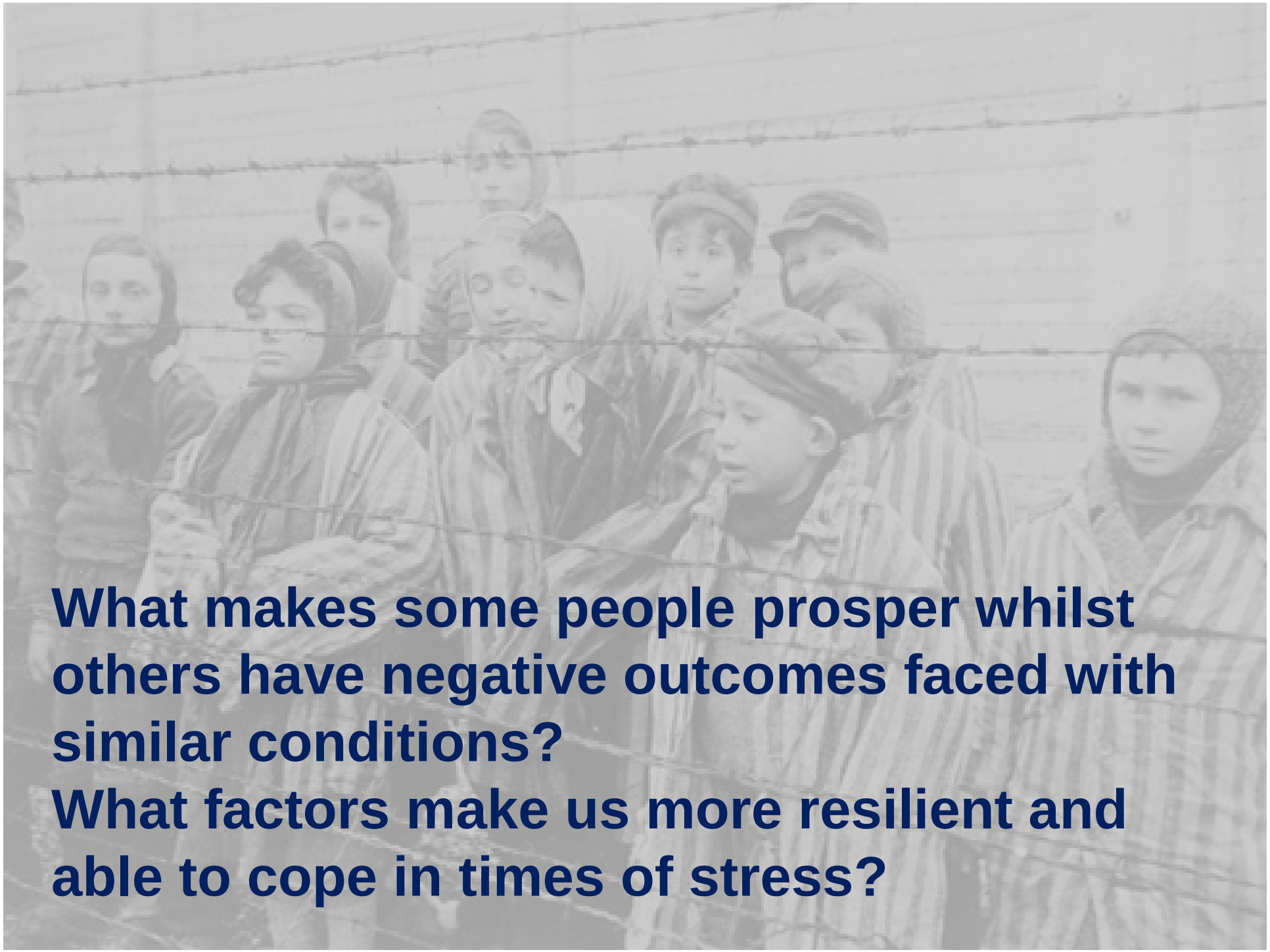
Salutogenesis….

- Highlights factors which create and support human health rather than those which cause disease

- It focuses on resources and capacities which impact positively on health and aims to explain why, in adverse circumstances, some stay healthy and others don’t.



What makes some people prosper whilst others have negative outcomes faced with similar conditions?
What factors make us more resilient and able to cope in times of stress?

Sense of coherence....

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"..... the extent to which one has a feeling of confidence that the stimuli deriving from one's internal and external environments in the course of living are **structured, predictable and explicable,** that one has the **internal resources to meet the demands** posed by these stimuli and, finally, that these **demands are seen as challenges, worthy of investment and engagement."**

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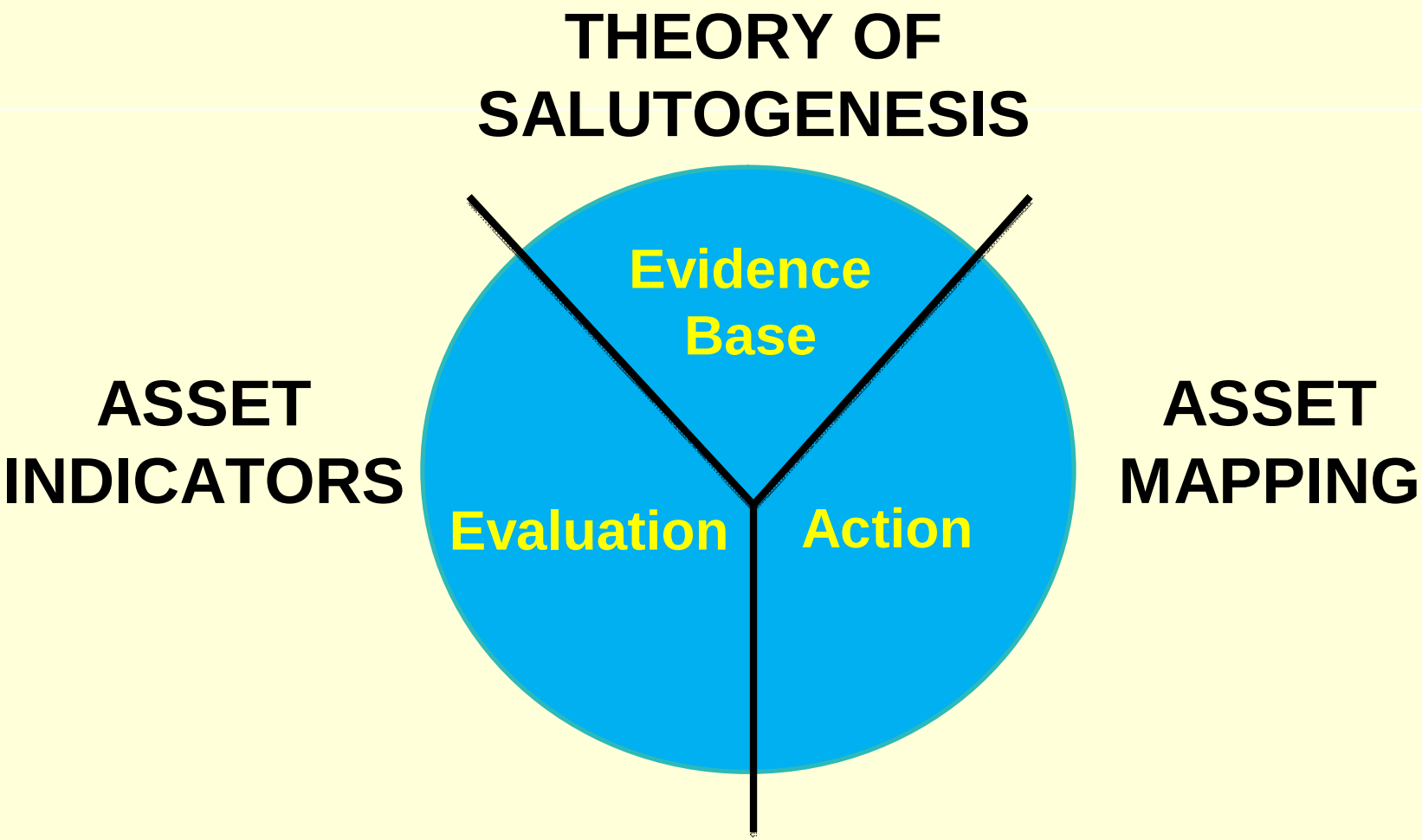
Asset model for public health



Morgan and Ziglio (2007)

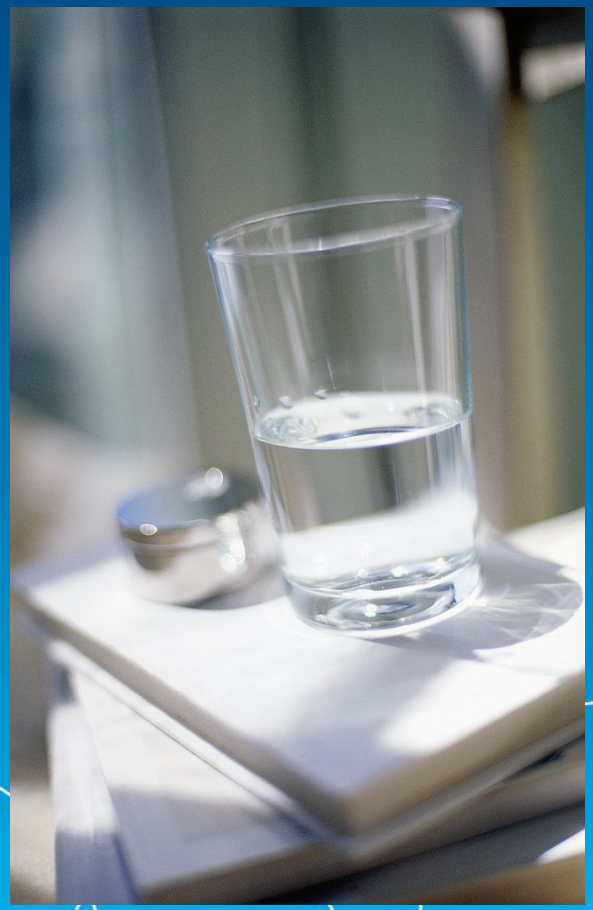
A Health Asset

Any factor or resource which enhances the ability of individuals, communities and populations to maintain their health and sustain wellbeing.

The assets can operate….as protective and promoting factors to buffer against life's stresses.

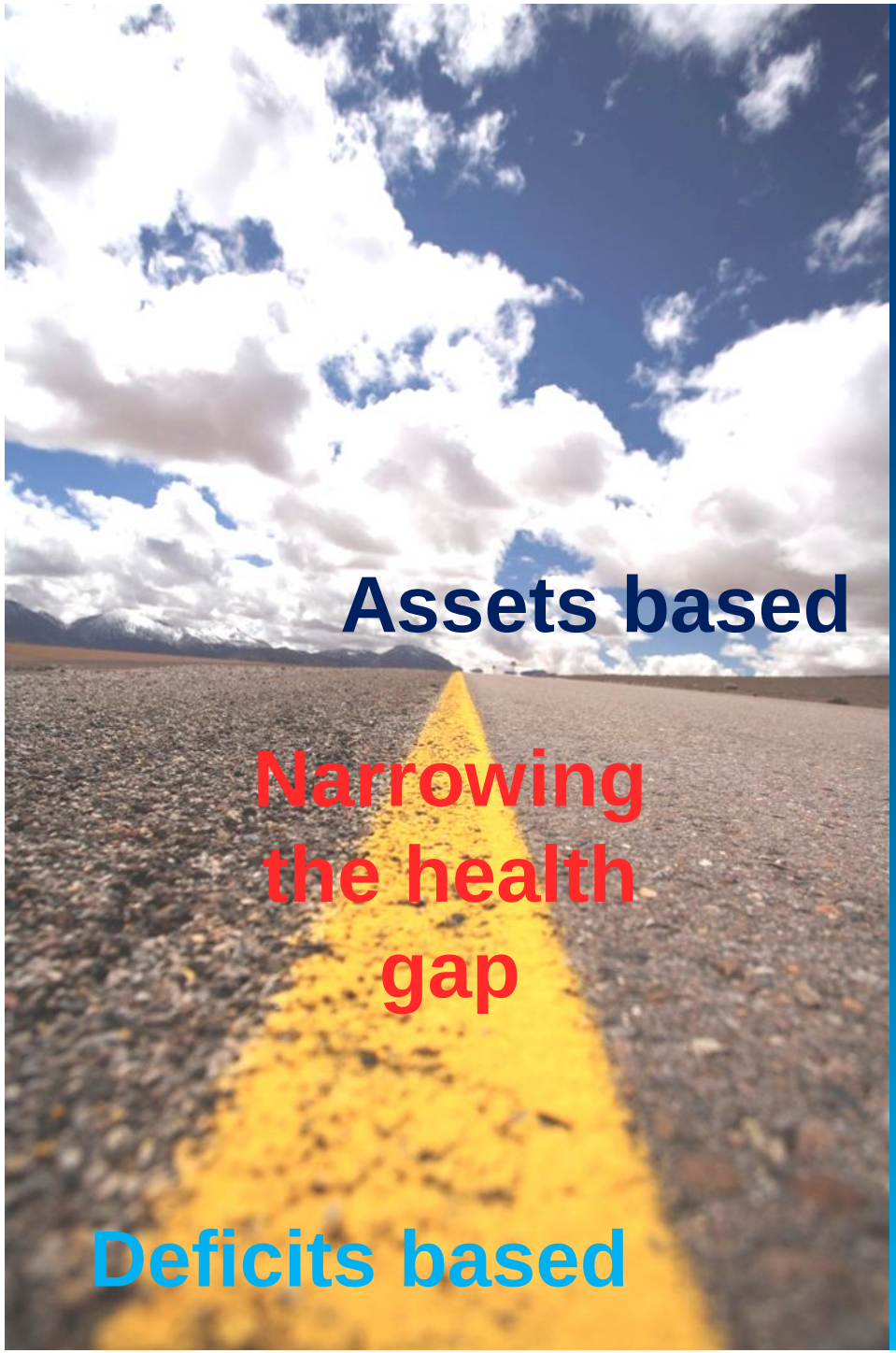
Morgan and Ziglio (2009)

Assessing and building the strengths of individuals and the assets of a community opens the door to new ways of thinking about and improving health and of responding to ill-health



It has the potential to change the way practitioners engage with individuals and the way planners design places and services

IDeA (2010)



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Redressing the balance between two approaches to promoting health and tackling health inequality

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Building on strengths is a powerful catalyst for change

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Learning to understand your client is crucial to supporting change

Listening to clients and communities; genuinely hearing what they tell us!

Client is the Expert

They have the solution!

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Clients and communities have the answer, our job is to support them in discovering this!

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Fife Football Team

30/09/2011

30/09/2011

An FNP client and what being supported meant to her

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