Stories in the Sand:

A Boy called Blue

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ptuk
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* Who am I?

Debi Maskell-Graham BA (Hons) MA (Distinction) PG.Dip Play Therapy PG.Cert Filial Coaching

- Researcher, Centre for Child and Family Research, Loughborough University – DfE/DH Babies Study / SCRI
- Clinical Director, big toes little toes
- Accredited Play Therapist
- Editor 'Play for Life'
- Programme Leader MA in Practice Based Play Therapy (Blended Learning Route)
- Member PTI/PTUK Research Board

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* Our model of therapy

Integrative holistic

Integrates:

* Working with unconscious and conscious processes
* Use of a wide range of creative arts media
* Non-directive and directive methods

Holistic

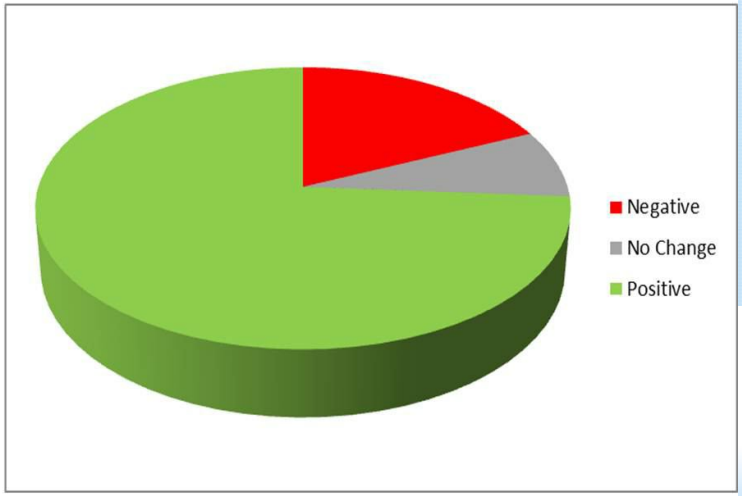
* All dimensions of the child

* Holistic integration - examples

Creative visualisation	Understanding and thinking
Storytelling	Moral & Spiritual development
Drama	Social relationships
Puppets and Masks	Caring for self
Art	Creativity and aesthetic experiences
Music	Communication
Dance & movement	Physical
Sandplay / sandworlds	Emotional

* The Results – the children

- 74% to 83% of children
- show a positive change
- 74% for slight/moderate problems
- 83% for severe problems



An Effective Way of Promoting Children's Wellbeing and Alleviating Emotional, Behavioural and Mental Health Problems – PTUK paper

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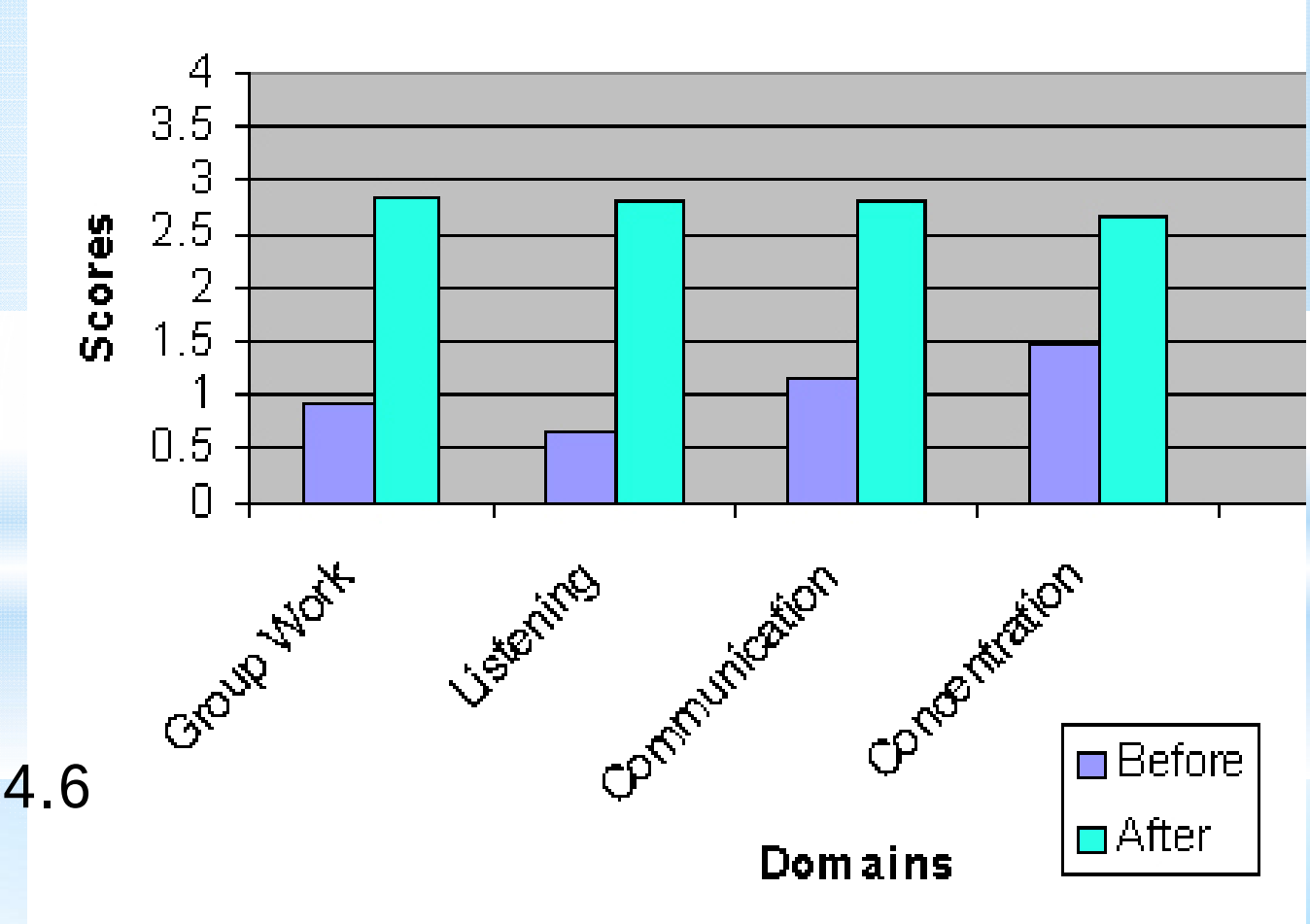
* Based on

- 8026 cases
- 10,744 pre and post therapy observations by referrers and parents
- 507 PTUK/PTI registered practitioners
- Using the Goodman's SDQ

School Performance



- Short pilot trial
- 3 Therapists
- 126 pupils
- Groups of 4
- Avg no sessions 4.6

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* The Activities

Sand Tray	27.08%
Drawing and Painting	23.97%
Role Play	10.64%
Talking	9.32%
Clay	8.35%
Games	8.46%
Music	3.98%
Puppets	1.47%

PTUK analysis based on 84067 activities 2008 - 2011

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For further information on

Play Therapy:

www.playtherapy.org.uk

Thank you very much !

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