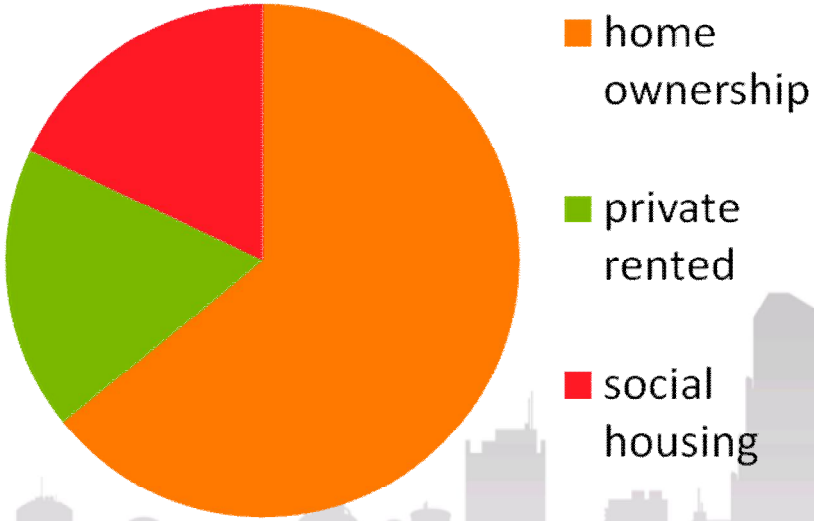
Big budget changes: HOUSING a key determinant for public health – what do you know about it?

Domini Gunn: Director Health & Wellbeing

Who lives where?



- Home ownership falling 2001 70% : 2010 62.5%
- Private rented sector fastest growing 2001 10.1% : 2010 17.4%
- Average age first time buyers 41.5 years

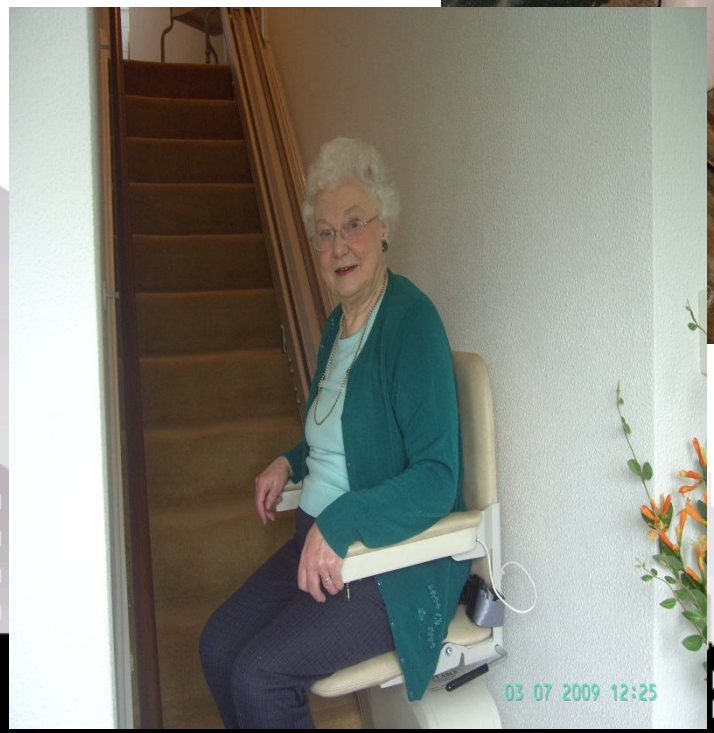
Where older people live

90% in mainstream housing

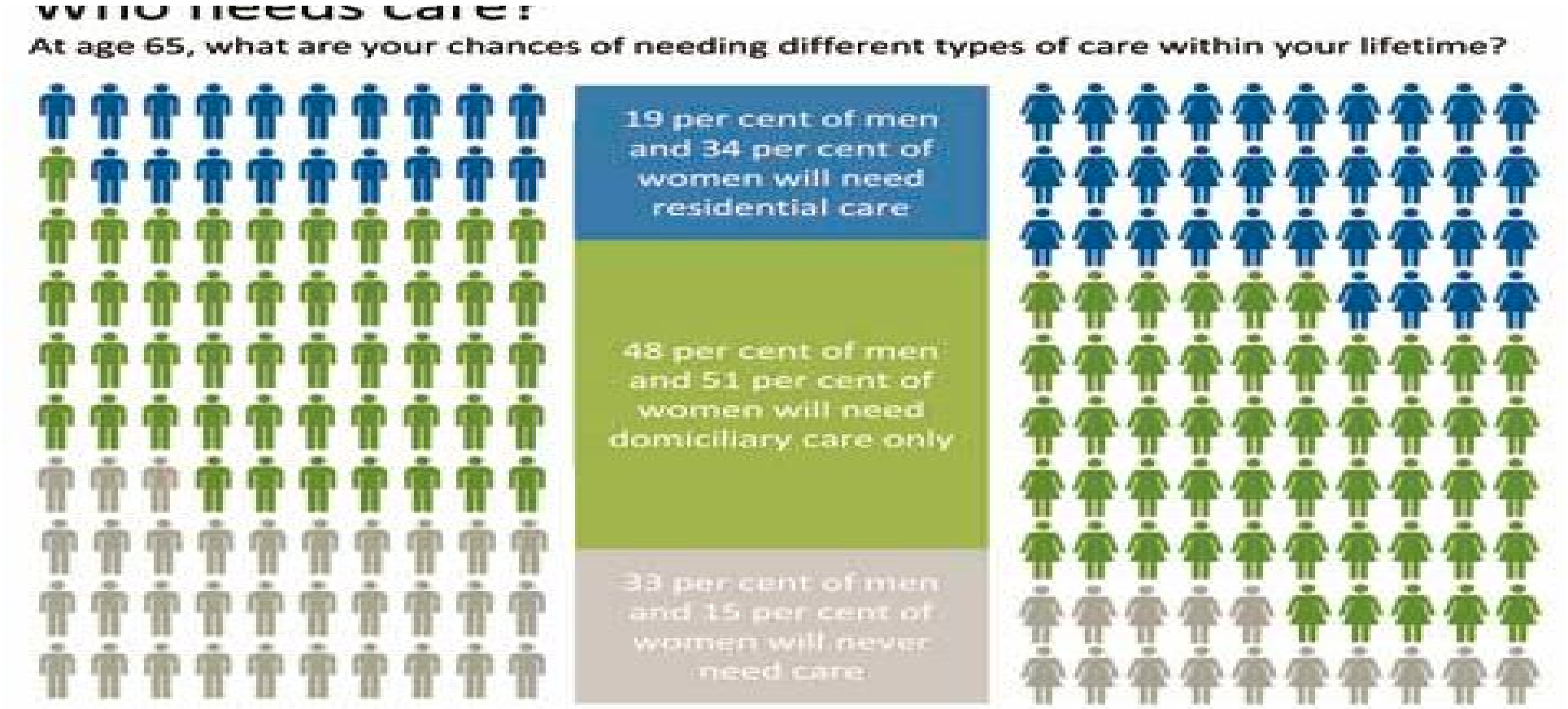
75% home owners

Older people living independently at home are high priority for older people, social services and health

Repairs, adaptations, plus good supported housing are key



Who needs care?



A Revolution in a Century

Addressing the health and social problems arising from poor housing were key drivers of early housing improvement

A Revolution in a Century

- *Life Expectancy in 1901 was 49yrs (women), 45yrs (men)*
- *Life Expectancy 2008 was 82yrs (women), 77yrs (men) with 50% living to 80*
- *Start of the NHS in 1948 48% died before 65yrs - now it is less than 18%*

The Challenge

Can we rebuild that connection and put housing centre stage again?

Does Housing understand health sector priorities?

- The NHS needs to make £20 billion of efficiency savings
- Integration with social care
- Role of Public Health

Are we able to clearly set out how housing can contribute? What do you need to know about Housing?

Cost of poor housing to the Health purse

- Pick a number between £850m - £1.5b per annum
- Included & some unknown additional costs
  - delayed hospital discharge
  - admissions to A & E
  - repeat GP visits
  - other emergency interventions eg asthma, cold homes, end of life
  - prescription costs incl anxiety, stress……etc

Joseph Rowntree

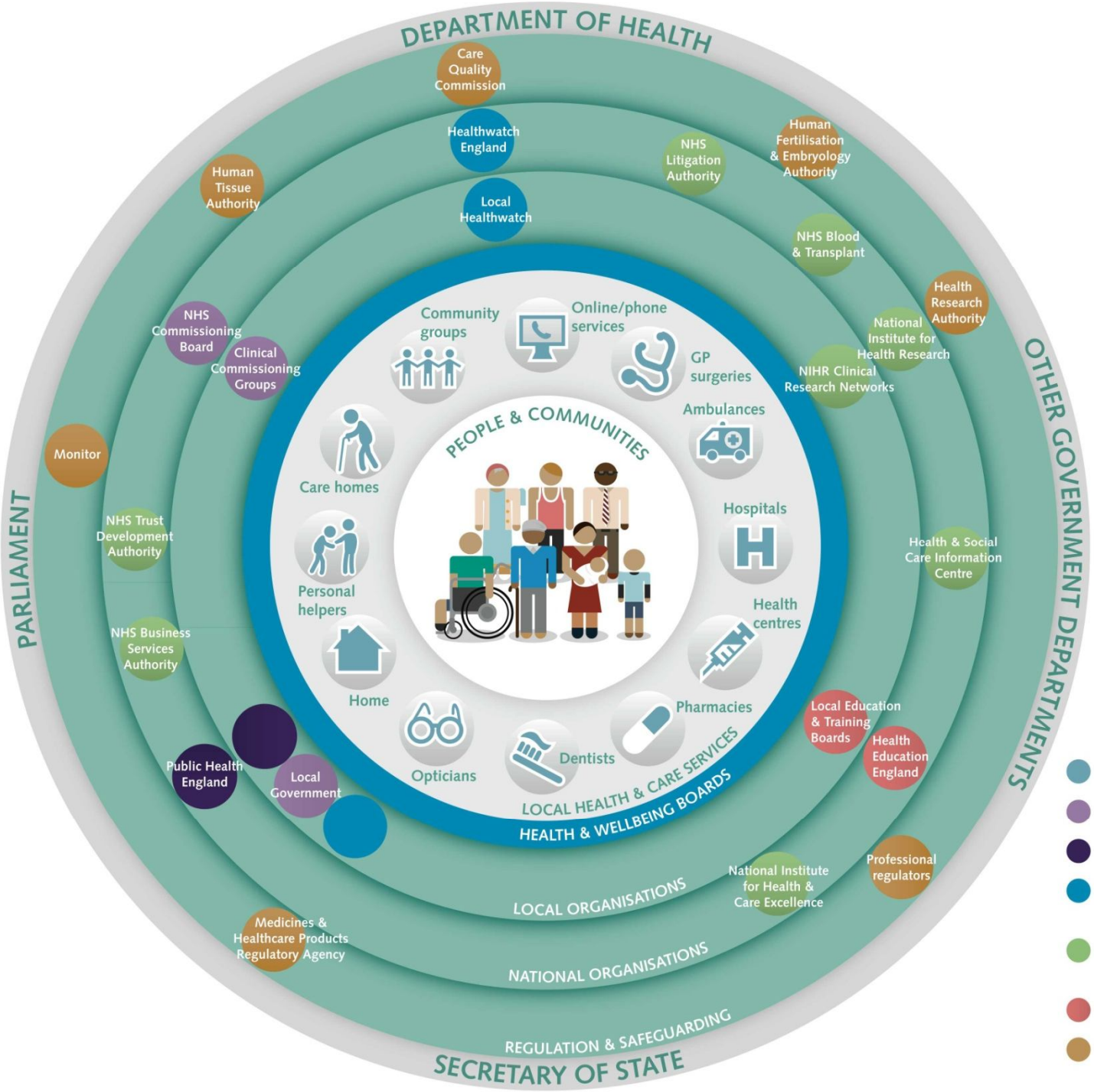
- Housing, health and social care agencies are not effectively collaborating to provide services for vulnerable people
- There is little evidence of three-way links between all the agencies.
- Links between social services and health are reasonably good, but both tend to exclude housing.

Why Housing Providers?

- Key social determinant of health & well being
- Always more than bricks and mortar
- Strategic housing role
- Physical improvements to homes
- Environmental improvements to neighbourhoods
- Social impact – place of safety
- Cost benefits - invest to save
- Local hubs & community resources

Wider policy & practice drivers

- Public Health – demography & inequality
- Welfare reform
- Rising demand for health & social care services
- Health & Social Care Act
- Care & Support Bill 2012
- BUDGET REDUCTIONS
- Skills & capacity



KEY

- Providing care
- Commissioning care
- Improving public health
- Empowering people and local communities
- Supporting the health and care system
- Education and training
- Safeguarding patients' interests

Rhetoric to Reality

Chartered Institute of Housing: *www.**cih**.org*
source of information, support and professional membership

Hospital 2 Home resource pack
*www.dh.gov.uk/health/2012/10/**hospital-2-home**/*

Integrating Housing Help into the Hospital Setting

'*If only I had known…*' www.careandrepair-england.org.uk [go to *Home from Hospital]* – **Cost benefit evaluation and 'how to' info**

Housing LIN *www.**housinglin**.org.uk/*

Thank you

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Chartered Institute of Housing

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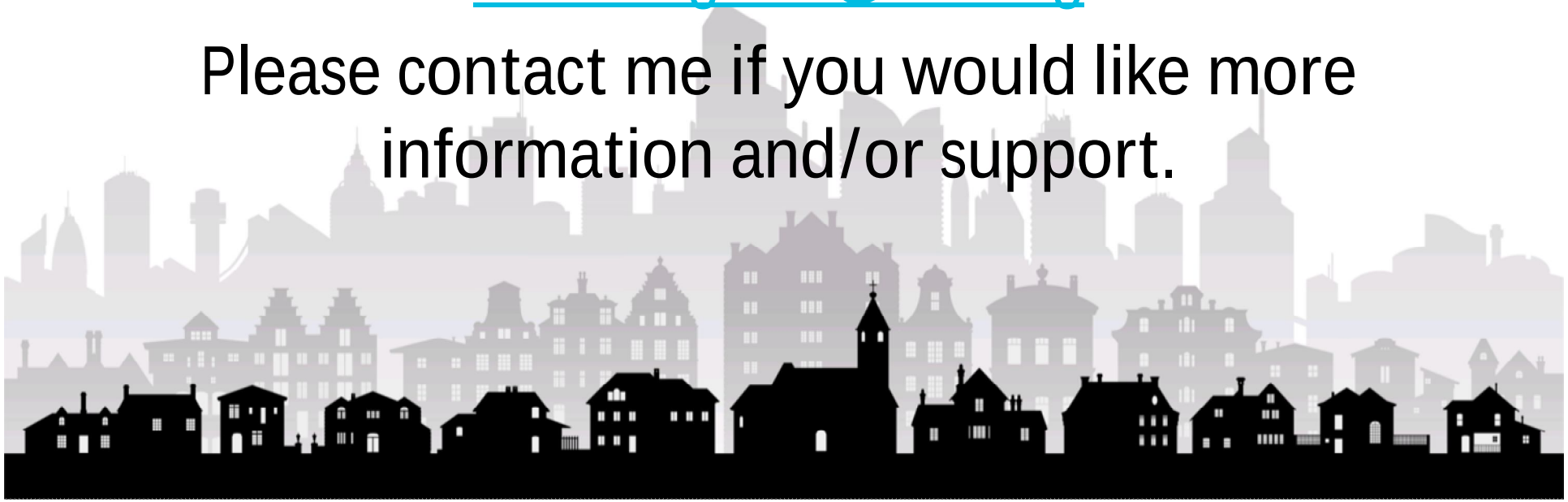
Please contact me if you would like more information and/or support.