The Royal College of Midwives

RCM Workplace Representatives' Annual Conference 2012

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Motivating Members in Challenging Times

RCM – Workplace Representatives Conference

Wednesday 14 November

The Brighton Centre, Brighton

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Prizes

2 venues that we use for workplace representatives residential training have kindly donated the RCM with 2 prizes for you.

You will all have a chance to win, just by being here. Winner to be announced before the afternoon refreshments at 3.15pm.

Warwick Conference Centre
1 night stay for 2 including breakfast

Wortley Hall
2 night stay for 2 including breakfast

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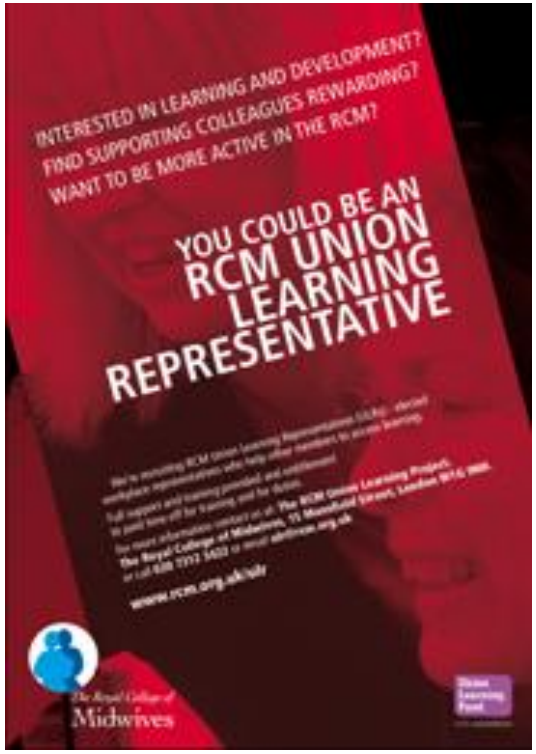

http://www.rcm.org.uk/college/support-at-work/workplace-reps/

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What does an RCM Steward do?

- Represent midwives and MSWs in your Trust
- Recruit midwives MSWs and student midwives into the RCM
- Provide advice and act as a spokesperson for the RCM
- Provide feedback to members at meetings
- Support the RCM National/Regional Officer
- Attend Joint Staff Committee and work in partnership with other NHS Unions.

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What does an RCM Union Learning Representative do?

- Assist members to take up promotion and progression opportunities
- Advise members on meeting the criteria of the knowledge and skills framework
- Provide accessible independent advice and support for members about learning in the workplace
- Advise on RCM learning resources and events
- Help develop a 'learning culture' where training and education is available and valued by all.

What does an RCM Health and Safety Representative do?

- Investigate potential hazards and investigate the causes of accidents
- Make representations to the employers on health, safety and welfare matters
- Investigate complaints of RCM members on these issues
- Carry out inspections in accordance with Health and Safety Regulations
- Attend meetings of the Safety Committee
- Liaise with the Health & Safety Executive.

Your RCM Branch

Every RCM Branch is entitled to funding yearly –

You just need key committee members a yearly AGM and to return your statements annually form your Unity bank account to get your money!

Branch Officers

Chairperson –

The branch chair presides over meetings and is the key person in controlling the meetings, maintaining good order, ensuring that all members have an opportunity to express their views and deciding when a subject needs to be put to a vote. It is the Chair's responsibility along with the secretary to draw up an agenda.

Branch Secretary –

The branch secretary is responsible for the smooth running of the branch, arranging meetings and keeping members informed of branch/headquarter activities. Besides this and compiling minutes of the meetings the secretary is the official correspondent of the branch with the college, Trusts/Boards and other organisations. In this respect headquarters will send information of college matters and policy to the secretary and will receive details of branch activities etc. from their members.

Treasurer –

The treasurer's duties include collecting subscriptions, paying bills, scrutinising expenditure, informing the branch of the financial position, advising on necessity to raise funds, preparing statement of receipts. The treasurer is responsible for the proper recording of all financial transactions. It is not the responsibility of the treasurer to raise money, the treasurer is acting for the branch and RCM headquarters.

Getting more out of your branch

Over the past 12 months RCM branches have –

- Re-launched and merged
- Fundraised
- Held study days
- Held branch conferences
- Invited speakers from the RCM/Board and their Trusts
- Held Union Learning events
- Thrown parties
- Given something back to their members.

Case Studies

Nottingham Branch –

Meets monthly with a guest speaker at each meeting, covering topics such as FGM, Asylum seekers, and substance misuse. Attend several public charity events each year to raise awareness of the RCM, recruit and fundraise. This money is used to support members to attend conference. Stewards meet with students in the first and last week of their training to recruit. To promote normal birth the branch held a one day conference with numerous high profile speakers charging £40 per tickets including lunch. The branch also has its own website.

Maidstone and Tunbridge Wells –

Are about to hold their third annual conference which last year was attended by 140 midwives, this is a full day, and the branch also uses the day to raise money the conference raised £2000 last year enough to send a member to the ICM

Medway –

Held a "Feathers and Sequins" fundraising ball, managing to get a free hotel function room and photographer, provided food and asked talented relatives to provide DJ skills and live music. 300 tickets were sold at raising £2500 of which half was given to a bereavement charity and half kept for the branch.

Other fundraising ideas

- Cake sales in your trust
- Monthly prize draws/raffles
- Pub quizzes
- Sponsored events (one branch member ran the London Marathon!)
- Clothes Swaps.

Campaign for Normal Birth

Inspire and support normal birth practice in the profession

Workplace Representatives Training Brochure 2013

For more details contact:
Virginia Phillips • Services to Members Directorate
The Royal College of Midwives • 15 Mansfield Street • London W1G 9NH
Tel: 020 7312 3515 Email: Virginia.phillips@rcm.org.uk

www.rcm.org.uk/wprtraining

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RCM Workplace Reps Courses - 2013

New Stewards' Course (4 days)	28 - 31 January	Scarman, Warwick University, Coventry
Defending Agenda for Change Course (2.5 days)	25-27 February	National College for School Leadership, Nottingham
New Health and Safety Representatives Course (4 days)	29 April – 2 May	Scarman, Warwick University, Coventry
Negotiation for Workplace Representatives Course (2.5 days)	20-22 May	Eastbourne Centre, East Sussex
New Stewards' Course (4 days)	24 – 27 June	Wortley Hall, Sheffield
Union Learning Representatives Course (4 days)	24 – 27 June	Wortley Hall, Sheffield
Employment Rights for Workplace Representatives Course (2.5 days)	15-17 July	Wortley Hall, Sheffield
Members Employment Right Course (2.5 days)	23 – 26 September	Scarman, Warwick University, Coventry
Defending Agenda for Change Course (2.5 days)	21 – 23 October	Wortley Hall, Sheffield
Advanced Health and Safety Course	6 -8 November	National College for School Leadership, Nottingham
New Stewards' Course (4 days)	25 -28 November	Eastbourne Centre, East Sussex
Stage 1 ULR i-learn Course	All year	Online , 3 hours a week over 4 weeks

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RCM Board

"The RCM Board

extends heartfelt appreciation to the RCM Workplace Reps. No part of this unique trade union matters more than you and the RCM cannot do without you".
Thank you
Dr Patrcia Gillen
Chair
RCM Board

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i-learn courses available

Workplace representative courses

Membership recruitment and retention
Supporting members in grievance and disciplinary procedures
Your rights to time off and facilities for trade union duties
Trade unions today and the RCM
Health and Safety: a guide for safety representatives (2013)

General courses

Introducing i-folio
Introducing i-learn
Developing your study skills
Tips and Tricks for CVs and Interviews
Maternity Support Workers
Growing midwifery careers

RCM i-learn

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i-learn courses available

Ten minute taster courses:

Calculating expected date of delivery
How to measure a baby's heart rate
How to wash your hands
Teaching pelvic floor muscle exercises
Teaching posture, handling and lifting in pregnancy

CPD courses

Introducing i-folio
An introduction to midwifery leadership competencies
An introduction to research
Numeracy
Changing environments and the clinical midwife
The Midwife in contemporary practice
Women, families and society
Relationship support: an early intervention

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i-learn courses available

Maternity Support Workers
The deteriorating woman (2013)
The neonatal journey – thermoregulation (2013)

Research
An introduction to research
Learning to think like a midwifery researcher
Research paradigms: the thinking that underpins investigation

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Being an RCM Workplace Representative

I enjoy the challenges that being a stewards brings. Sue Garwood, Steward, Southend.

I am a newly elected steward, so far I am enjoying the role especially the opportunity to meet other reps. I know it is going to be a very challenging role but one I hope to enjoy
Chinwe Ejiofor, Steward, Newham.

It is very interested being a ULR, I like organising learning sessions for members. Marlene Kirk, ULR, Camden.

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Being an RCM Workplace Representative

I'm a new rep and I look forward to representing my colleagues and becoming more aware of the issues affecting them. Kristina Rose, Steward, Newham.

I enjoy being a support to colleagues, meeting with other union reps and other staff in the hospital. I enjoy networking with other reps from other areas. Liz Cummings, Steward, Essex South.

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Statement writing sessions

Supporting colleagues with using new IT systems

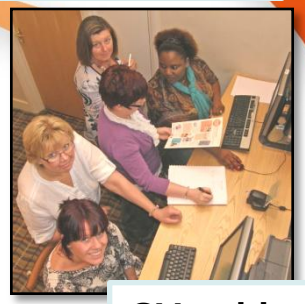
Organised learning needs surveys

Digital photography and web design

RCM Union Learning in 2012 – over 100 learning events held and over 2200 people accessing learning through the project

Complimentary therapies

MSW workshops



CV writing skills

Given information, advice and guidance on where to access learning opportunities

RCM i-learn

RCM i-folio

Numeracy Awareness Workshops

Normal birth study events

Provided books to set up reading clubs

Stress management

Bereavement study events

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2013 – New Benefit for Workplace Representatives

New for accredited RCM Workplace Representatives in 2013 access to Labour Research Department on-line publications.

Information of how you can access this will be available soon through the RCM website www.rcm.org.uk.

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WARWICK

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2 night stay for 2 including breakfast

WORTLEY HALL

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Organising and Engagement at the RCM

- Organising is any process which strengthens the RCM and its direct relationship with members, building effectiveness in the workplace

- It is about recruitment and retention, greater activity and engagement with members and building strong well trained networks, representing, negotiating and campaigning

MSW Recruitment, pick up your publications today….

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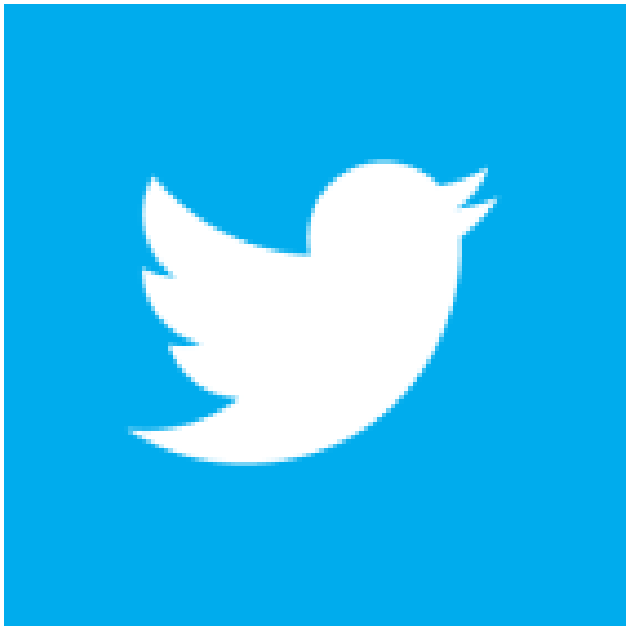
Twitter & Facebook

Follow us…

Follow the latest news from the RCM from your Facebook or Twitter.



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No To Local Pay

Pick up these stickers here today

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Thompsons Solicitors

Free Legal Advice Service 0808 100 7776

As a RCM member you're covered for: Free legal advice and representation on:

- Any personal injury (at or away from work)
- Road traffic and holiday accident injuries
- Employment law and NMC case advice (accessed through your RCM National/Regional Officer)

30 minutes free legal advice for any non-work related issues

Free will writing service

Reduced rates for convincing and probate

For your family we offer:

Free legal advice and representation on:

- Personal injury (away from work)
- Road traffic and holiday accident injuries
- Slips and trips away from work

Reduced rate will writing service

Reduced rates for conveyancing & probate

Free phone number: 0808 100 7776 (9.00am - 9.00pm)

Limited exclusions and terms and conditions apply

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Midwives Deliver

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Global Midwifery Twinning Project

GLOBAL
MIDWIFERY
TWINNING
PROJECT

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Union Energy

Union Energy

Union Energy (www.unionenergy.co.uk) is a free, 100% impartial comparison service which allows users to find the most competitive priced gas and electricity providers where they live.

It has the following benefits:

It saves you money

It allows you to compare prices for the long term and sends you reminders when it's time to review your suppliers;

It provides independent advice as it is not aligned to any supplier;

It can source green alternatives;

It provides a simple switching procedure; and

The Royal College of Midwives will benefit through a small amount of commission for each user. This has no impact on the price you pay – that would be the same whether you go to the supplier directly or use this service.

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ual Conference 2012

0300 303 0444

RCM CONNECT

Your new single number to contact the RCM

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RCM i-folio

RCM i-learn

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HELP US PROTECT YOUR MATERNITY SERVICES

TOGETHER WE CAN FIGHT BACK.

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HTTP://PROTECT.RCM.ORG.UK

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THET
PARTNERSHIPS FOR GLOBAL HEALTH

UKaid
from the Department for International Development

GLOBAL **MIDWIFERY** TWINNING **PROJECT**

This project is funded through the **Health Partnership Scheme**, which is funded by the **UK Department for International Development** (DFID) for the benefit of the UK and partner country health sectors and is managed by the **Tropical Health Education Trust** (THET)

Building midwifery capacity in Cambodia, Nepal Uganda through RCM midwife twinning volunteers

www.rcm.org.uk/globaltwinning

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We'll be there for you through the challenges of 2013

YOUR 2013 RCM MEMBERSHIP

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Book before 30th November to received a £100 discount of the Development Centre fees

Just mention RCM conference on your registration form to qualify for a saving

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